

### **HIGH-PERFORMING HYBRIDS** SPORTS-CAR MAKERS CLEANING UP (page 37)



D'OH! **HOMER GETS A VATICAN** SHOUT-OUT (page 15)

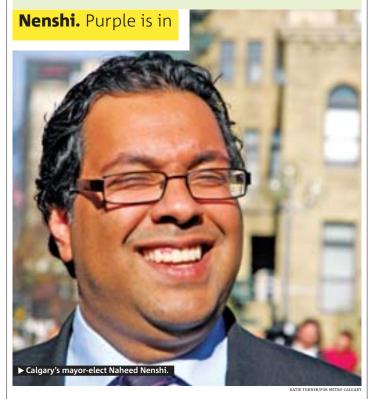


**CALGARY** netra

Wednesday, October 20, 2010 www.metronews.ca



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### On-the-job training for the new guy

It was a whirlwind for Calgary's newly elected leader as Naheed Nenshi had his first day as the mayor-in-waiting for Calgary. To find out what he was up to, and for more Calgary election coverage, see pages 3, 4, 6, 8 & 9.

### Col. Williams convicted

Court hears of ex-CFB Trenton commander's depravity (page 10)

### **Brazen** raid leaves 6 dead

**Insurgents attack Chechen** parliament (page 12)

# Disgust over baby in trash

**○** Baby discovered in dumpster of Queen's Park Village at 501–40th Ave. NW Drought to hospital in critical condition • Umbilical cord still attached: Witnesses



Calgarians became outraged after a newborn baby was found in a northwest garbage dumpster yesterday afternoon and brought to hospital in critical condi-

Police were called in around 1:20 p.m., when a trio of passersby reportedly heard cries and then made the chilling discovery in a townhouse complex's common garbage dumpster.

"I'm not sure how the passersby were alerted to the baby, but they were, and Ouinn Jacques said.

"It's disgusting."

Lorraine, a mother of three who want-

ed to withhold her last name, lives in the complex and said she's shocked someone would leave a baby in a dump-

"That's just sick. It's really messed up. I hope they find whoever did that," she

### **More details**

- Reports say the baby was in a garbage bag when it was discovered.
- A witness wrapped the baby in a jacket after making the discovery.
- Police were on the scene within minutes.

said, adding the complex is usually quiet and friendly.

"There are a lot of families around here, but I don't know anyone who was pregnant.

Police continue to investigate, and are looking for the baby's mother, but couldn't confirm whether a woman brought to hospital the same day was connected.

The baby remains in hospital.



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# **Worried son tries new approach**

Bret McCann says he's never going to give up the search to find his parents.

Now, he's reaching out to highway commuters to help find Marie and Lyle McCann, who went missing from the Edson area in July of this year.

Bret is having the billboards put up along Highway 16 near the area where his parents' RV was found, in the hopes that someone in the area will

come forward with information.

"We announced this reward in conjunction with CrimeStoppers about a month and a half ago for any information leading to finding my parents and convicting those responsible," said Bret McCann.

The family meets with the police every two weeks to discuss the case and any new information that arises, but so far no new leads have turned up.

"We still have about 20 investigators on this one, said Sgt. Patrick Webb of the RCMP.

"We're trying to move it forward to apprehension or charges laid but right now we don't anticipate charges laid.'

The first billboard will be up this weekend in the Wildwood area, west of Edmonton.

ASPEN ZETTEL





# **Error leaves voters** disenfranchised

• When polls closed at 8 p.m., around 100 electors still at Prince of Wales school voting station



With an abnormally high voter turnout, one Čalgary voting station was left with a shortage of ballots.

According to a statement released by the city yesterday, three eligible voters at the Prince of Wales Elementary School were left without ballots to cast their vote for mayor.

"The three remaining people stayed until approximately 9:30 p.m. and then left without voting for mayor," said the statement.
"We regret that this confusion resulted in eligible electors being unable to cast their vote for mayor."

Mount Royal University political scientist Bruce Foster said running out of ballots is uncommon at the municipal level.

### More ballots

The city says a courier attempted to drop off more ballots at the school, but the doors were locked and election workers did not see or hear the courier.

"It's a rarity because the turnout is usually so low, said Foster, adding the city should have prepared for high voting numbers based

on the advance polling.

Foster said while the three votes wouldn't have impacted the results of the election, everyone has the right to vote.

"There's a larger princi-pal involved. The onus is on the municipality to make sure that there are sufficient ballots for everyone.'

The elections office is investigating what went wrong, the statement said.





### News on the move

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- your smartphone to scan 2D barcodes in Metro
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### **News in brief**



### Three charged, \$400K in pot seized

AIRDRIE, RCMP have seized approximately \$400,000 worth of marijuana (pictured), resulting in the arrests of three people. On Oct. 15, police executed a search warrant in the neighbourhood of Sagewood where they located a basement grow operation containing 302 marijuana plants. All three face charges of production of a controlled substance and possession for the purpose of trafficking. METRO CALGARY

### Workers to get back pay

EDMONTON. A company that uses some temporary foreign workers to clean the University of Alberta says it owes some of the janitors back pay for overtime. Bee-Clean Building Maintenance says it is apologizing to the employees and is working with the provincial government to ensure the workers are paid what they are owed.

Earlier this month the Services Employee International Union filed lawsuits over the unpaid wages and an unfair labour practice complaint on behalf of the workers. THE CANADIAN PRESS

### Recount for school trustees

ELECTION. Following election night, returning officer Barb Clifford announced there would be a recount of votes for public school trustee in wards 6 and 7. The recount will begin at 9 a.m. today. 

METRO CALGARY

# Closer than some incumbents liked

Five new aldermanic faces are hitting councilOne alderwoman was ousted from her position



It was a rocky ride for several members of the old city council on election night.

Ward 11 Ald. Brian Pincott and Ward 7 Ald. Druh Farrell were involved in very close races for a return spot on council, and Ward 14 Ald. Linda-Fox Mellway actually finished third in her riding with just over 5,000 votes.

Farrell said she "expected it to be a close race" and thinks the number of voters who turned out is fantastic.

Her theory on the tough battle at the ballots?

"I think the biggest factor is the boundary



changes and there are new communities in my ward and we don't know each other yet. But I am excited to get to know them," she told Metro yesterday.



Farrell beat out her nearest contender, Kevin Taylor, by just over a thousand votes.

New Ward 14 Ald. Peter Demong beat out Fox-Mell-

### Tale of the tape

- Ward 9 Ald. Gian-Carlo Carra fills retired Joe Ceci's shoes
- Ward 4 Ald. Gael MacLeod won open ballot for Bob Hawkesworth's old chair.
- Ward 6 Ald. Richard Pootman takes over Joe Connelly's vacancy.
- ► Ward 12 Ald. Shane
  Keating takes over from
  Ric Molver
- Ward 2 Ald. Gord Lowe had a bit of a tight race as well.

way and said it is a message from voters to city hall.

"I think people want to feel like they are being listened to and communicated with," he said.

Political analyst DJ Kelly agreed.

"I think it will be interesting to see how the new faces mesh," he said.

SPECIAL REPORT BROUGHT TO YOU BY RBC

# Children's Mental Health

Words of Wisdom ~ By Gayle Grass





have a son who has a mental health disorder. He has had this illness since he was 18 and is now 34.

Throughout his early years and into high school, our son was a happy, loving child who excelled in academics and sports. Then he became ill and his dreams were shattered.

As a parent of a child with a mental health disorder, I have a unique perspective. In my quest to find help for my son, I explored several avenues - seeking advice from specialists, reading countless books on the topic and joining many mental health groups. But I soon realized that the primary obstacle for getting the proper care and services for my son was the stigma associated with mental health disorders. What could I do to change these attitudes? As a result of my experiences, I decided to write a children's book about children with mental health disorders. And so Iris the Dragon, a series of illustrated books, was created. My goal has been to use the Iris the Dragon Series to help parents and children understand that mental disorders do exist, they are often preventable, and that early education and recognition could make a huge difference. And, even more importantly, Iris the Dragon offers one thing we all need – HOPE.

As parents, we all share a common goal. Our stories are all the same. We love our children and only want to make them better. We are no different than a parent who has a child with cancer, diabetes, multiple sclerosis or cystic fibrosis. We are devastated when we hear the diagnosis and look toward the medical community for answers. We look for answers and understanding of the illness. We ask what resources there are in the community to support us. We hope that our friends and family will be supportive. We hope that our child will recover. Hope is our strength, our

defense, and our armor.

But as a parent and advocate, I know the need is great for an improved system that radiates medical support, community support, parental support and ultimately support and remediation for our children. We need to continue our fight to reduce the stigma and raise awareness. With HOPE, support and education, parents of children with mental health issues do have more options and apportunities to find help for their children and enable them to lead normal lives.

For more information, visit: www.rbc.com/ childrensmentalhealth





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### Trader gets two years in prison

A Calgary businessman has been sentenced to two years in a federal prison.

Robert John Sellars was found guilty on sev-en counts, including making misleading or

untrue statements to investors and breaching a 2006 Alberta Securities Commission (ASC) order by trading in securities without being registered.

The judge also perma-nently banned Sellars from trading securities, from acting as an officer or director of any issuer and from using Alberta securities laws exemptions and ordered him to pay almost \$2 million to four Alberta investors.

**METRO CALGARY** 

### Care centres hiking fees

Long-term care facilities in Alberta are raising their accommodation fees next year. The Alberta government says the hike is being capped at three per cent and is needed to "reflect increasing operating costs." Community Supports Minister Mary Anne Jablonski says the government will continue to assist. THE CANADIAN PRESS

### **SAIT** cash donor to be revealed

Students and staff at SAIT will be gathered together today to celebrate find out who - will be the generous donors of a combined \$10 million gift to the school. According to a release sent out by the school yesterday, two families have come forward for the combined donation and the city will find out who it is. @ METRO CALGARY

# 36 hours to remove signs ... or else



Throughout campaign, officers removed illegally placed signs



By the time you read this article, most of those pesky candidate signs should be removed. Technically. Bylaw boss Bill Bruce

said candidates had 36 hours from the time polls closed to remove their signs, which means most signs should be gone by 8 a.m. today.

people "But know that signs on private property have longer and it's up to the homeowners to remove those ones," he

Bruce said candidates were out in droves yesterday removing signs and didn't expect there to be too many left — but if there are they will be removed by the city and can-

### Signs

There are thousands of signs across the city.

- Distance Signs are not to be within 30 metres with any intersection.
- Support Signs should not be supported by string, rope, metal stakes.

didates may have to pay the

"We would like to avoid that though," Bruce said. Ward 12 candidate and

aldermanic winner Shane Keating strategized by picking up more than 1,000 small signs yesterday and left the big ones for today.

"It's a lot of work but I want to do my due diligence and have them all picked up on time," he said.

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### What's next? Nenshi lays out to-do list

The day after a stunning election victory, mayorelect Naheed Nenshi laid out his four main priorities for Calgary.

The first item on Nenshi's list is the 2011 budget. "We've got to close the \$60-million deficit in a way that doesn't cut essential services to Calgarians, but keeps taxes reasonable," he said.

Next is the plan for the airport tunnel. "It's very clear that Calgarians have spoken out strongly, strongly in support of this project and we're going to get it done," he said.

Third on the list is getting the southeast LRT underway, and finally, creating a more transparent city hall.

"We owe it to Calgarians to start showing them real, concrete, visible changes in how city council and city hall do our

The number of new aldermen who will joincity council, including Peter Demong, who won Ward 14 over incumbent Linda Fox-Mellway.

business," he said

"I suggest, look out, there are some big changes coming very quickly."

Before any of those issues can be tackled, however, Nenshi said council must come together.

"Now what we have to do is we have to begin the job of building a team ... building a team within city council and building a great team among the 14,000 people who work here at the city."

MATIE TURNER





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# 'It's time to roll up our sleeves'

Nenshi said the rise in voter turnout excites him more than winning • 'We're all Calgarians, we're all part of this wonderful city,' he said

Surrounded by media in front of city hall yesterday, Calgary's new mayor Naheed Nenshi started things off with a question.

"So how many of you know that a media scrum is a purely Canadian, slightly British invention?" Nenshi asked reporters. "I just learned that. See, I'm learning things every day, and I hope to continue to learn things."

While there may be a steep learning curve for the new head of Calgary, Nenshi said he hopes to begin instilling his vision for the city as soon as possible.

Nenshi said he's already begun to build a relationship with the province.
"The first person I

### **Election night**

- Early numbers indicated that Barb Higgins was in the lead, followed by a jump in McIver's numbers. Nenshi claimed 40 per cent
- talked to when I stepped off the podium yesterday was Premier Stelmach who called me. He said he has a soft-spot for third-place underdogs," explained Nenshi.
- "He asked if we could meet when he was in town later this week, and you know, I'm crazy busy but I think I can find time for the premier," he joked, "I really look forward to hav-

of the vote, while McIver received 32 per cent and Higgins had 26 per cent.

- The only other candidate to gain one per cent was Joe Connelly.
- More than 140,000 votes were cast for Nenshi.

ing that conversation with

In addition to speaking with the premier, Nenshi said he had another call yesterday.

"I had a great conversation with Alderman McIver today. He has pledged his help and his assistance moving forward and he suggested we meet to have a really nice, long lunch and I look forward to doing

that very soon."

Next on his list is getting to know his fellow colleagues on council.

'I'm really excited precisely because this new council has an extremely broad range of perspec-tives on it," he said. "It means that this council is reflecting the community.'

Nenshi said it's time to change how city hall functions. "At this point, it's time to roll up our sleeves and start some of the hard work," he said.

"I hear it ... people are talking about government and the force that government can be in their lives, and we have to make sure that we continue to capture that." • KRISTA SYLVESTER

### **Election** turnout the city's largest in decades

It was the largest voter turnout since 1983 according to officials.

Calgary returning officer Barbara Clifford said preliminary numbers show 53.35 per cent of eligible voters turned out for the 2010 election compared with 32.9 per cent in 2007. "It is the highest number of voters we've seen since we started keeping track. It's a good sign," she said.

More than 300,000 Calgarians voted in the 2010 election at 241 voting stations. Some people complained of running out of ballots at some stations but they were quickly restored. • KRISTA SYLVESTER

### Comparison

- In comparison, the Edmonton voter turnout was near 35 per cent in Monday night's election.
- Polls closed at 8 p.m., but people were still lined up at many polling stations.



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# Court hears ugly details of colonel's crimes

Video of rapes, one killing were not shown in court
 Instead, Crown read out detailed account of attacks

Warning: Graphic details may disturb some readers.

Whether his victims fought him off or complied with every perverted command he gave them, convicted sex killer Col. Russell Williams showed no mercy to the two women who begged for their lives before he brutally murdered them, court heard yesterday.

heard yesterday.
Williams, 47, sat silent,
his head bowed low as the
Crown laid out the gruesome final hours of Cpl.
Marie-France Comeau and
Jessica Lloyd — every moment recorded with photographs and videotape.

Comeau fought him until the end — even as she



struggled, bloody and weak, against the duct tape he put over her mouth and the rope that he used to bind her hands behind her back.

His next victim, 27-yearold Lloyd, did everything Williams asked of her in an

### **Heavy security**

 More than a dozen officers guarded the eastern Ontario courtroom where the hearing is being held.

effort not to "upset" him, the Crown said.

Williams broke into her Belleville, Ont., home in January, tied her up and raped her repeatedly for hours.

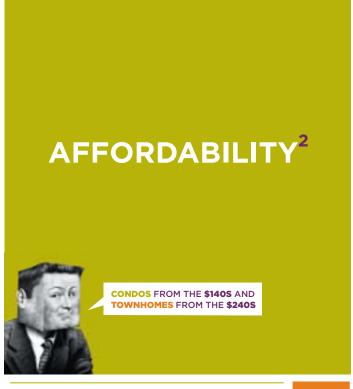
Lloyd was so terrified she apologized when she failed to move into the sexual position Williams demanded. She even asked permission to lower her legs after he had raped her. It had no effect. THE CANADIAN PRESS



### France's youth show outrage

Masked youths clashed with police and set fires in cities across France yesterday as protests against a proposed hike in the retirement age took an increasingly radical turn. Hundreds of flights were cancelled, long lines formed at gas stations and train service in many regions was cut in half.















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# Militants attack parliament in Chechnya, kill 6

• Attack follows a bombing in the Moscow subway in March and a car bombing last month in a Vladikavkaz

Islamic insurgents attacked Chechnya's parliament yesterday in a brazen suicide raid that left six people dead and 17 wounded, defying Kremlin claims of stability in the volatile southern region.

In a clear challenge to Moscow, the raid occurred just as Russia's interior minister was visiting the provincial capital of Grozny.

The three attackers drove to the tightly guarded parliament complex and got inside.

One militant blew himself up at the doors and another two ran into the building shouting "Allahu akbarl" — "God is greatl" in Arabic — as they opened fire on the people inside, said a Chechen police spokesman.

The regional prosecu-



tor's office said the remaining two attackers also blew themselves up after exchanging fire with police, while other officials said they were killed in a gunbattle.

THE ASSOCIATED PRESS



### Enjoying the Stillness

Today's photo of the day is by Canadian Val Chirkov and was submitted in the Favourite Spot category. The photo is titled Stillness. Enter your photos today and view more pictures at metrophotochallenge.ca.



### **Costly crime agenda**

Don Head, commissioner of Correctional Service Canada, says he will have to hire thousands more staff, as well as expand existing prisons to handle

the extra 4,478 inmates that will be the result of the federal Conservatives government's crime legislation.

THE CANADIAN PRESS

\$2 billion
The commissioner
says he'll need to
spend about
\$2 billion to deal with
the influx of prisoners.

# Google found not so street smart

**○** Google violated Canadians' privacy rights: Privacy commissioner **○** Collected personal info by accident

Millions of Canadians search the web every day, but the country's privacy commissioner says their favourite search engine was doing too much research into them.

Jennifer Stoddart says Google broke Canadian privacy laws when it accidentally collected personal information from unsecured wireless networks while putting together its Street View mapping servica

An investigation by Stoddart's office found emails, addresses, usernames and passwords. Even a list with

### **Privacy concerns**

In April, privacy commissioner Jennifer Stoddart led a group of 10 privacy regulators who wrote to Google concerned about its approach to privacy.

- Street View lets users get crystal-clear pictures of homes and sometimes faces and licence plates.
- Stoddart said Google needed clearer controls around new product launches and enhanced privacy training.

names of people with certain medical conditions was collected.

Thousands of Canadians were likely affected, Stoddart said, by what amounted to a careless error on the part of an engineer.

According to Stoddart's investigation, the code he'd written to map wireless Internet signals also allowed for the capture of communications over unencrypted networks, but he never submitted it for review to Google's lawyers so no one was aware of the potential for problems.

THE CANADIAN PRESS



### Beijing drops a market bombshell

China shook global markets yesterday with its unexpected increase of interest rates, but the surprise was compounded by the size of the move. The increase was 25 basis points, the first time in modern history that Beijing adjusted deposit and lending levels by a number that was not a multiple of nine.

# Canadian house prices come down

Increases in Canadian home prices are moderating as the market cools from overheated levels of earlier this year, says one of the country's largest real estate companies.

A Royal LePage survey published yesterday said housing prices weakened in the third quarter in most major markets, coming off unseasonably strong sales in the first half of the year when low interest rates helped stimulate a rush to market. THE CANADIAN PRESS

"The year is unfolding much as we

as we predicted, with the unusually active first half of 2010 giving way to slower markets."

PHIL SOPER, ROYAL LEPAGE
PRESIDENT AND CHIEF EXECUTIVE

# Apple shares fall

Wall Street's bar was so high for Apple Inc. that the fact that it sold more iPads than Macs in the latest quarter wasn't enough to impress investors.

Shares fell nearly six per cent after the release of results Monday, even though Apple reported record net income and revenue.

THE ASSOCIATED PRESS



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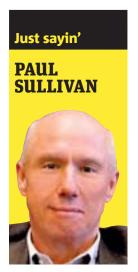
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### THERE REALLY SHOULD BE AN APP FOR THAT



It's now an article of faith after numerous studies prove it to be so — that texting, talking and even listening on your cellphone while driving is even more dangerous than driving while drunk.

hat, of course, doesn't prevent people from texting, talking or listening while driving, even when it's illegal: OMG! I'm gonna crash. It's enough to make you get out and walk. But lately it occurs to me that is no solution. Walking has become just as dangerous as driving as the streets are populated by the same idiots distracted drivers who somehow manage to park their cars

without incident.

Everywhere you go, and I mean everywhere, the Text Menace is right in front of you, brow furrowed, thumbs going a mile a

minute, jacked into headphones, completely oblivious to what's going on around them — or in front of them.

How many times todav were vou forced to swerve to avoid some vision in Ugg boots who

couldn't wait to tell her BFF that she's just across the street, so Wait for Me!

And if you think that's bad, did you know you can get an iPhone app called Type and Walk which makes it possible for you to, well, type and walk at the same time without running into

anything or anyone. That means you never have to look up. Or say you're sorry. Or thank-you. Or hello, or any of that other, like, outmoded human interac-

"Everywhere you

go, and I mean

everywhere, the

**Text Menace is** 

right in front of

you ..."

tion stuff.

I guess Type and Walk is a good thing, especially if you have a tendency to walk off the curb into an oncoming bus, but would it not be simple just to turn your phone off for

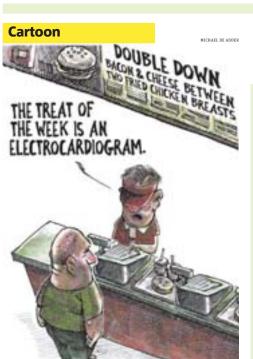
the three minutes it takes to get from here to there?

I think it's time to consider a ban on cellphones altogether. In case you haven't noticed, 'smart" phone zombies are everywhere, holding the line up at Tim Hortons as they talk to their friends while trying to select 30 different Timbits. Or they're in the elevator telling people they're in the elevator, as in: "I'm in the elevator." Or in a stall in a public washroom.

Some people don't think it's a good idea to ban cellphones, even if you're heading down the freeway 40 kilometres over the limit. Rush Limbaugh, for example, thinks the whole idea is a commie plot: "Liberalism, social-ism, communism is responsible for more deaths than cellphones could ever hope to be." But consider the source. I would bet listening to Rush Limbaugh lose his mind in public is more dangerous than texting and drinking combined. LOL.



Read more of Paul Sullivan's columns at metronews.ca/justsaying



# BlackBerry aiming low?

### Worth mentioning

MONTREAL. While Apple CEO Steve Jobs brags that iPhone smartphone sales have pulled ahead of RIM's BlackBerrys, analysts say Research In Motion is aiming at a different, more international marketplace.

"It could have a viable future as a growth company that really focuses on affordable smartphones, affordable messaging devices," MKM Partners analyst Tero Kuittinen said from New York.

'The fate of Research In Motion really hinges on how well they now do in Asia, Latin America and the Middle East." Apple said Monday that



iPhones outsold BlackBerrys by two million units in the quarter, but Kuittinen said that's like comparing a BMW luxury vehicle with a mid-market Honda.

"Apple is targeting very sophisticated consumers who demand cutting-edge technology and are really interested in expensive data plans," he said.

**BMO** Capital Markets analyst Tim Long also said RIM is best positioned to benefit from smartphone growth in emerging markets over the next few years. He noted that most emerging markets don't offer subsidies for smartphones buyers and it would cost consumers in those markets more money to operate an iPhone than a lower-end, basic BlackBerry.

THE CANADIAN PRESS

How early is too early for a toque?

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## an open mic night

If you have a couple minutes to spare in Calgary today, why not head over to Bar One Lounge for open mic night.

Every Wednesday night, Bar One hosts Sweet Mics with Sara for local artists to come and showcase their talents. Every style from blues to folk to R&B and even spoken word poetry is welcome.

Organizers encourage Calgarians to bring their instruments down "jam" with other local musicians

The night kicks off at 8:30 p.m. and is open to the public.

Bar One is located at 125 Rowridge Drive NW For more information, call 403-837-7272.

KATIE TURNER





# Vatican declares Homer a Catholic

• The Simpsons' producer says the television program clearly shows Homer is not Catholic • It's the latest example of the Vatican's efforts to be more relevant to younger generations

The Vatican newspaper has declared that Homer Simpson is part of the Pope's flock — a claim that leaves The Simpsons TV producer baffled.

"Few people know it and he does everything to hide it but it is true: Homer J. Simpson is Catholic," L'Osservatore Romano wrote in its weekend edition.

Last December, the newspaper praised the show on its 20th anniversary for its philosophical leanings and irreverent take on religion.

The weekend story was the latest example of the Vatican paper's efforts to be more relevant in the past few years. It follows stories not

only lauding Harry Potter but even praising the Beatles and waxing philoabout sophical sophical about John Lennon's boast that the British band was more popular than Jesus.

The paper quoted an analysis by a Jesuit priest, the Rev. Francesco Occhetta, discussing Homer and Bart's conversion in a 2005 episode after meeting with a sympathetic priest, Father Sean, voiced by actor Liam Neeson.

Osservatore says the analysis shows that behind the TV program's jokes are

"My first reaction is shock and awe, and I guess it makes up for me not going to church for 20 years."

AL JEAN, EXECUTIVE PRODUCER

themes "linked to the sense and quality of life."

"The Simpsons' remain among the few programs for children in which the Christian faith, religion and the question of God are recurring themes," it said. "The family recites prayers together before meals and, in its own way,

believes in heaven."

While noting that The Simpsons often takes jabs at religious figures, it said parents should not be afraid to let their children watch "the adventures of the little guys in yellow."

But the show's producer told Entertainment Weekly the Vatican may have gone a step too far in its analysis of the satire, noting that Homer and Bart only consider converting in the 2005 episode.

Jean noted that the Simpson family attends the First Church of Spring-field, "which is decidedly Presbylutheran."

"We've pretty clearly

shown that Homer is not Catholic," he told the entertainment website. "I really don't think he could go without eating meat on Fridays for even an hour."

But L'Osservatore would seem to take that in stride,

too. "Skeptical realism seems to prevail in the Simpson stories," it wrote.

Young generations of television watchers are educated to not let them-selves be fooled. The moral? None. But one knows that a world without easy illusions is a more human world and, perhaps, more Christian.

THE ASSOCIATED PRESS



**Gemini Awards** 



It'll be a Glee-ful celebration at the Gemini Awards next month

Cory Monteith, who stars in the hit TV series, has been announced as host of the Geminis, which celebrate the best in Canadian tel-

The show takes place in Toronto on Nov. 13.

The cop show Flashpoint is among the main contenders at the event, with 15 nominations.

The Geminis are celebrating their

25th anniversary. Monteith, who plays Finn Hudson on Glee, was born in Calgary and raised in Vancouver.



# A Gwar survival guide

▶ If you're up for a night of fake bile and body parts, here are a few tips for making the most of a Gwar gig



"The best way to survive one of our shows is probably to just not go," warns Oderus Urungus, frontthing for heavy metal space mutants Gwar, the self-proclaimed, "most titanic, apocalyptic, loudest, smelliest and disgusting rock 'n' roll band in history."

For the uninitiated, a Gwar gig is something unto itself.

The quintet sports rubber monster costumes and wields foam swords, rocking out whilst soaking audiences in fake blood, bile and body parts culled from various pop/political effigies desecrated via a number of disgusting means such as flaying and hacking off limbs.

Moreover, Gwar prides itself on 25 years and 12 albums — the latest



- Halifax: Oct. 20, The New Palace
- Toronto: Oct. 23, Opera House
- Vancouver: Nov. 29, Commodore Ballroom
- Edmonton: Dec. 1, Edmonton Events Centre
- Calgary: Dec. 2, MacEwan Hall Ballroom

dubbed Bloody Pit Of Horror (Metal Blade) — while fans are protectively ravenous freaks.

Intrigued but intimidated? Follow this simple guide to surviving these disgusting but entirely comedic and tongue-incheek spectacles.

### What To Wear

It all depends on your desired outcome. Want to be a target for mayhem?

Wear something crisply white and head for centre stage. With their endless dousing of carnage, you're sure to come out making Regan MacNeil from The Exorcist look like the "after" side of a detergent commercial.

### **What To Bring**

A healthy sense of humour (political incorrectness is a plus for reasons we can't divulge), a strong stomach and a change of clothes. And earplugs.

### What Not To Say

How many times you've seen them. At least not to the band, as Urungus takes it as an affront, thinking the band kills the entire crowd nightly.

crowd nightly.
When fans claim attending multiple shows he cries, "How the hell did that happen? I thought we killed everybody."



Alternately, avoid comparing Gwar to other costumed rock bands (Lordi, Mushroomhead or even KISS) to fans. That might get you impaled for real.

### What To Do

Again, it hinges on your intended experience. Step up front for an interactive en-

counter including stage diving, moshing, curseladen taunting from Urungus and refreshing gore sprayed constantly.

For the voyeur, stay well back and enjoy the massacre of various papiermâché creations.

Finally, Urungus advises that the best course of

action at a Gwar gig is to "hide underneath the corpses of your dead friends.

"Smear yourself with their blood and other various body fluids that are leaking out of them," he says. "Then you might be able to escape with your life."



# **West debuts Runaway**

◆ Artist hints at subject of suicide in recent song, Power ◆ That song's remix is among 10 tunes West has released for free through his website

Kanye West told an audience at a screening of his film, Runaway, that he thought about killing himself, but now feels a responsibility to make a meaningful contribution to pop culture and art.

Describing himself as a "soldier for culture," West told the crowd "there were times that I contemplated suicide." However, he said, "I will not give up on life again."

West, who didn't say when he had considered suicide, is credited as director of the abstract 35-minute film, which features portions of nine new West songs, boldly colourful visuals and off-kilter camera angles.

The mostly dialoguefree piece, set to premiere this weekend on MTV, VH1 and BET, will accompany West's upcoming album, My Beautiful Dark Twisted Fantasy, which will be released Nov. 22.

After a prelude featuring narration from rapper Nicki Minaj, West's character, Griffin, is seen driving a black MTX Tatra supercar down a country road. Lying next to a hole in the pavement is a phoenix fallen to Earth, played by model Selita Ebanks in pink, grey and brown feathers.

Playing over those visuals are West's next single, All of the Lights, which he said features Elton John on piano and an all-star chorus including Alicia Keys, Rihanna and John Legend.

When the tune ended, there was applause from both the on-screen and live audience. In attendance were Morgan Spurlock, Ryan Phillippe, Pete Wentz and others in the entertainment industry.

The 33-year-old West told them that after a "long, hard year," he'd found his "creative sweet spot" by thinking like a five-year-old.

Besides his mother Donda West's death in 2007, West said he'd also lost three other parental figures in the last three years. "Everything has been taken away from me," he said. THE ASSOCIATED PRESS





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# Michaels gets back on track with new show

• Despite dealing with a host of medical problems, Poison frontman stars in reality show, records album

For a guy who is probably best-known for informing the world that every rose has its thorn, Bret Michaels certainly had a prickly year.

In the span of a few months this spring, the Poison frontman and reality-show fixture was hit with an emergency appendectomy, a near-fatal brain hemorrhage and a "warning" stroke, which led doctors to discover a hole in his heart.

On the plus side, though, is his new reality show, Life As I Know It, and new album, Custom Built — as well as his win on Celebrity Apprentice.

"The last year's been at complete opposite ends of the spectrum," Michaels says.

The first episode of Life delved deeply into Michaels' health problems and his desire to get back on tour. He's not shy about any of it.

"It's a tough thing to

"It's a tough thing to talk about, but ... I'm a pretty candid person. I keep all my cards on the table," he says.

His family is also showing their hand. Michaels' two daughters and their mother — on-again, off-



again girlfriend, Kristi — are featured in Life.

"They've handled it well," he says. "We'll sit down and talk about it: 'Here's the reality of your reality. If you want to film some stuff, great. If it's not what you're into that day, you can't force it."

Michaels says he and his girlfriend "are making an effort." That means if there is another season of Rock of Love, the format — multiple women competing for his affection — will change. He says he's working on something called Rock of Love Boat.

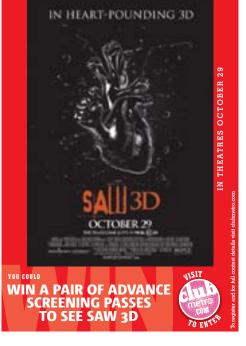
"The catch line is: What if a rock star could save your relationship?" he says. "(Couples will get) awful advice from me."

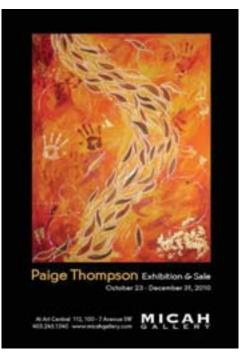
METRO











# New record in works

### • Avett Brothers vow to stay on their toes as album takes shape

The Avett Brothers' breakthrough album, I and Love and You, came out on Sept. 29, 2009, exactly one year before our interview with singer and multi-instrumentalist Scott Avett.

So what's the band doing to celebrate the an-

niversary?
"I guess," says Avett, upon quick reflection, "making another record, right?"

The band is not quite ready for the studio though. They just released an in-concert collection

called "Live, Volume 3" last week, which clearly demonstrates how much growth can happen on the stage for this band.

The songs from their 2009 album have matured especially well thanks to their year on the road. And the band — which also includes Scott's brother Seth on vocals, guitar and piano as well as bassist and singer Bob Crawford agrees that they like to know how a song works in the live setting before they

commit it to disc.

"We've got a ton of songs that we'd love to record, but I think there's a lot to be said for being content and figuring out how to sit back and let those songs become what they will and develop natu-

rally," he says.
"They start to breathe and nuances happen. Great accidents happen, and the songs really dictate what they'll become. You've just got to play

I and Love and You was produced by Rick Rubin and not entirely road-tested when they went into record with him. Avett says that this really worked for the album, but they want to do the next one differently.

"I and Love and You was a big learning experience and a big change for us in the way we recorded it. We gave up some control intentionally, and we were proud to do so," he says..

'We wanted to step out



of our comfort zone, and we did. And we're kind of coming back to it, to take chances on stage - and

bringing things to the stage that you don't really know is how you get to develop them." • metro

### We paid for our Caribbean cruise with our TD Points

(even the excursions).





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### Bingham claims new album inspired by cars, not Crazy Heart character

Ryan Bingham's latest album, Junky Star, seems in-spired by Jeff Bridges' Crazy Heart character Bad Blake, an alcoholic former country music superstar on his way down and out.

Not so, says Bingham, the 29-year-old singersongwriter responsible for the film's Golden Globe and Oscar-winning song, The Weary Kind.

"I was thinking of when you're looking through a junkyard and among all the trashed cars you find a really special cool car. But I

like to leave it vague and open to interpretation," he explains.

Junky Star does have a definable link to Crazy Heart, though.

The film's soundtrack producer, the 10-time Grammy-winning T-Bone Burnett, who co-wrote The Weary Kind, helmed this set of bristling barroom rock and aching raw bal-

Even so, it was business as usual for Bingham and his band, Dead Horses.

"He didn't tell us to do

anything. He just got us all in the studio with all these amazing guitars and cool old amps and we played around, trying different guitar sounds."

"We tracked the whole record in three days. I don't want to say it was easy, but it was that smooth."

Like Bad Blake, Ryan Bingham and the Dead Horses' music is more outlaw country than mainstream Nashville pop.

The more revved-up songs of Junky Star sit easi-

ly with the likes of the rockabilly-based tunes of early Kings of Leon, before the stylists came on board and cut into their hick charm.

."I could see that," agrees Bingham, sounding more polite than convinced.

Then there's his raspy voice, which is as ragged and emphatic as Tom Waits. "I'd be nothing but honored to be mentioned alongside Tom Waits," he says humbly. "He's amazing." • METRO

### My TD Points covered my stay at a ski resort (even my ski lessons).





# **Lesson learned**

### • Whatever you Like singer tells radio station he's through with crime as judge orders him off to prison

learned his final lesson after a federal judge ordered him back to prison for 11 months.

A federal judge in Atlanta ruled last week that the Grammy-winning rap artist, whose real name is Clifford Harris Jr., must return to prison for violating the terms of his supervised release on federal weapons charges. He was arrested in California last month on suspicion of drug posses-

T.I. told radio station V103-FM in Atlanta on Monday that he's learned by trial and error after each arrest and has learned his final lesson.

T.I. gave the interview to V103 alongside a 24-yearold man who had recently threatened to kill himself by leaping from a downtown building.
Police said the man

agreed to come down if he could meet with T.I.

THE ASSOCIATED PRES



# TV legend returns to join the Working Class

### Ed Asner to play crotchety neighbour in first scripted CMT sitcom

Television veteran Ed Asner is coming back to series TV with the first scripted sitcom for CMT.

On the new show, Working Class, Asner will co-star as the crusty but lovable neighbour to the

blue-collar single mom played by series star Melissa Peterman.

network nounced Monday that the 12-episode multi-camera comedy will premiere in January on CMT.

Asner, who turns 81 next month, is beloved for his signature role as cranky journalist Lou Grant. His return to TV follows recent successes for two fellow castmates from the legendary Mary Tyler

Moore Show: Betty White on TV Land's Hot in Cleveland and Cloris Leachman on Fox's Raising Hope.

Peterman has appeared on the sitcom Reba and hosts CMT's The Singing Bee. THE ASSOCIATED PRESS



We paid for a weekend getaway in Vegas with our TD Points (even the Grand Canyon helicopter tour).







# When Too Many is just the right amount

### Benefit for autism backed by comedian Jon Stewart among others

Comedy Central hopes it's got the winning number for Night of Too Many Stars: An Overbooked Concert for Autism Education.

The network's third such biennial benefit originates from two coasts and will be prerecorded as well

Airing Thursday at 9 p.m. EDT, the broadcast will consist of a gala concert taped earlier this month at New York's Beacon Theatre, along with live cut-ins from Los Angeles, where a star-studded phone bank will receive viewers' contributions during the show.

Rob Corddry, Bryan Cranston, Jimmy Kimmel, Jim Parsons, Sofia Vergara and Rainn Wilson are among the celebrities booked to take calls in Los

Angeles from donors. Jon Stewart will be hosting. Meanwhile, the New York shindig will boast names such as Steve Carell, Stephen Colbert, Tina Fey, Sarah Silverman, Jimmy Fallon, Tracy Morgan, Joel McHale, Jim Gaffigan, John Oliver, Ricky Gervais, Lewis Black, Chris Rock and Triumph the Insult Comic Dog. Surely way too many!

Hosting this portion, too, of the overbooked affair: Who else but Jon Stewart?

Night of Too Many Stars comes packed with laughs, of course. But its underlying purpose is no joke, as Stewart wastes no time reminding everyone.

After greeting the audience with a bedbug joke, he turns serious, stating that one of every 110 kids is diagnosed as autistic.

"Tonight isn't about curing autism or fighting it," he says. "Tonight is about helping people that live with it now.'

The event arose from ne difficulty Robert the Smigel had in finding his con Daniel, who has son Daniel, who autism, the right educational resources. He and Daniel's mother started their own school a few

years ago.
Smigel, perhaps best known for his wisecracking canine hand puppet, Triumph, is held in great affection among the comic mafia. THE ASSOCIATED PRESS

We paid for a weekend getaway to New York with our TD Points (even the sightseeing tour).





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### Two more axed from **Battle of** The Blades

Violetta Afanasieve and P.I. Stock have been eliminated from the Battle of the

Katia Gordeeva and Valeri Bure were in the bottom two but will remain for another week.

The winning pair earns \$100,000 for the charity of their choice.

Battle of the Blades airs live performance shows Sundays and live results shows Mondays on CBC-

The six pairs returning to compete next Sunday are: Shae-Lynn Bourne and Patrice Brisebois, Isabelle Brasseur and Todd Warriner, Gordeeva and Bure, Kyoko Ina and Kelly Chase, Jamie Sale and Theo Fleury THE ASSOCIATED PRESS

### **NBC** gives green light to three shows

NBC is giving three freshmen series, including The Event, a full-season pickup.

Besides the much-hyped thriller The Event, the network gave a vote of confidence Monday to Law & Order: Los Angeles and the sitcom Outsourced.

None of the series has posted stellar ratings in a season in which new shows have struggled to attract viewers.

But NBC noted that The Event and the Los Angelesset Law & Order have improved ratings in their time slots, while Out-sourced is doing well with advertiser-favoured young adult viewers. The net-work finished in the fourth spot last season.

### TV picks

### Save the verv last Dance

REALITY It's the final performance episode on So You Think You Can Dance Canada before Sunday's season finale. Four hopefuls are vying for the coveted title. (CTV)

### CANADIAN PRESS

### **Howie helps** salute stars

AWARDS Howie Mandel hosts the Canada's Walk of Fame special in Toronto tonight, honouring some of Canada's biggest and brightest. This year's inductees include singersongwriter Nelly Furtado, actor Eric McCormack, David Clayton-Thomas and acclaimed author Farlev Mowat (Global) CANADIAN PRESS

# A Gibson cameo for Hangover 2

cameo in The Hangover 2 as a tattoo artist.

which Gibson's role, was first reported by the

New York Post, was confirmed Tuesday by a person close to the production, who requested anonymity because he

ment publicly on the matter. The film, a sequel to the 2009 hit comedy The Hangover, is beginning production, with a release scheduled for May 2011.

Warner Bros., which is distributing the film, declined to comment.

Gibson might be hoping some comedy improves his tarnished reputation: A memorable appearance in the first Hangover film helped rehabilitate Mike Tyson's image.

Authorities are investigating claims by Gibson's ex-girlfriend Oksana Grig-

orieva that the 54-year-old actor-director physically abused her. Audio purportedly of Gibson making a series of racist and misogynistic rants was leaked earlier this year.

Though shooting on the film was completed in 2009, no release date has announced. Hangover 2 follows the characters on a trip to Southeast Asia for a wedding. THE ASSOCIATED PRESS



## I paid for my hotel with TD Points

(even the room service).





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# A toast to famous, fearless femmes

### ▶ Elle magazine celebrates female achievement in film ♦ "Women run Hollywood," says actor Harrison Ford

They are Oscar winners and nominees, actors, directors and producers. And the honourees of Elle mag-17th annual azine's Women in Hollywood celebration say they have women to thank for it.

Jodie Foster, Diane Keaton, Gwyneth Paltrow, Kate Hudson, Sofia Coppo-la, Hilary Swank, Kerry Washington, Diane Kruger and newcomer Jessica Chastain, who were recognized Monday night for achievements film, said they were inspired by other actresses and female filmmakers.

Foster, who knew at age 6 she wanted to be a director, looked to European filmmakers Lina Wertmuller and Margarethe von Trotta.

"I thought, well, if they could do it, an American can do it, too," she said.



Meanwhile, Oscar-win-Kathryn ning director Bigelow called Foster "a national treasure," and

Alyson Hannigan said Foster inspired her to become

an actress.
"I've always loved her,"

Hannigan said, "So if I get to meet her tonight, like, I might pass out."

Kruger, Swank and ac-

tress Viola Davis all named Meryl Streep as one of their acting heroes. For Washington, it's Annette Bening. For Coppola, it's Anjelica Huston. Hudson and Paltrow each said their actress moms were inspirations.

With all the love in the room, director-producer Adam Shankman, who hosted the event at the Four Seasons Hotel, con-cluded that "being a woman in Hollywood to-tally rocks."

Harrison Ford speculated that the event "came to be back in the days when they said, 'There were no good parts for women' and 'Women aren't highly regarded.'"

Now, he said, "Women run Hollywood. Absolutely run Hollywood. And I'm glad."

Though significant

gains have been made, honourees and presenters said they're still fighting for parity.

"There needs to be more focus on great stories, great roles for women that are just as powerful as they are with men, filled with duality, where we're all not always nice and sexless after 40 and humourless after 40," Davis said. "I think there are some amazing women there"

Foster said it might seem quaint to celebrate women "when they really are half of what's going on in the film business.'

Keaton said it's up to women to work together to tell their stories

'We're bound together by the inexplicable won-der by being what?" she said. "Just women."

THE ASSOCIATED PRESS

### I paid for a last-minute flight to Paris with my TD Points (even the airport taxes).

### 'If she can do it, so can I': Levi to The View

Levi Johnston says there are really no qualifications to hold the job that Sarah Palin once held, which is that of mayor of Wasilla,

Johnston, the father of Palin's grandson, was Palin's grandson, was grilled on The View Monday about his mayoral am-

In August, Johnston's manager confirmed Johnston's plans to run for the office as part of a reality TV show and insisted he was serious about the

Johnston said the only real qualification is to live in the city limits for a year before the election.

He believes he's as qualified as any other candidate, saying he believes it's important to listen to the people and their concerns.

Iohnston said he has no platform, which drew groans from the roundtable. THE ASSOCIATED PRESS





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# **Rock and writing**

### Depression doesn't trump Springfield's desire to pen "hopeful" book

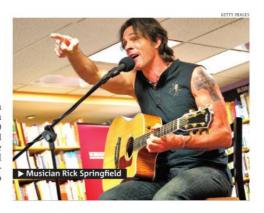
Singer and actor Rick Springfield is not worried about his squeaky clean teen idol image being tarnished by his surprisingly dark new memoir, Late, Late at Night, which starts off with Springfield recounting a suicide attempt

at age 17.
"The guy you see on the magazine stands, with Jessie's Girl and soap operas, always painted me as a shiny, happy guy. I was looking forward to blowing the lid off that and having people understand

that I'm a three dimensional human being, inof just a paper cut-out.'

But perhaps one of the more surprising elements of the book is the fact that Springfield wrote it him-

"I didn't want to have a biography written by a ghostwriter. I sent 30,000 words to my publisher and she loved it: she loved the voice and the approach. I really didn't want a ghostwriter because you lose so much." @ METRO



I paid for my all-inclusive vacation with TD Points (even the jet-ski rentals).





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# Buttkick 101

### Metro talks training and time travel with newfound writer Friedlander

Judah Friedlander, who plays a staff writer on NBC's 30 Rock, knew he had a gift, but it wasn't for entertaining — it was for martial arts, The stand-up comedian and actor decided to share his hard-fighting acumen with his new book, How to Beat Up Anybody.

We talked with the master about his work. Here's a tip: Don't take anything in this article as truth.

How did you become a world champion of karate?

Well, I'm not a world champion, I am the world champion. I won it. It's the most coveted trophy in all of sports and martial arts. I first won it back in the '80s but I'm still undefeated. And with this book, this is the first time I'm showing the general public my techniques so that everyone can stay safe.

Does your expertise come from your innate abilities or do you attribute it to years of hard training?

That's an excellent question. It's a mix. I have a natural gift, and I've worked on it. I first learned martial arts when I was 13. I was in federal prison in China for a crime

I didn't commit and I learned from the inmates.

You have a section on how a woman can defend herself and even dress the part to illustrate it. How did it feel to be in a woman's shoes?

Well, I've been there before. Everything in this book is real. There's not staged photograph and to prepare for this book, in 1983, I went back in time to 1975, got a sex change and lived as a woman for two years in Istanbul. I was abused this was before I was the world champion. I did that so I can learn because I

want to give back. I want to learn what it's like for a woman to defend herself, so I actually did. @ METRO

### Acting Up

Judah Friedlander on keeping karate skills sharp while working for 30 Rock.

"When I'm taking a break from beating people up and winning trophies, I'll head over to 30 Rock. I'm actually only there for security purposes. And you know, every once in a while, they'll give me some lines. It's just something to mix the day up. "

### I paid for a resort in paradise with TD Points (even the scuba lessons).





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### **Rowling receives Anderson prize**

Harry Potter author I.K. Rowling has won the Hans Christian Andersen Literature Prize.

She is the first recipient of the 500,000 kroner (\$93,352) award, which was handed out yesterday at a ceremony in Odense, Andersen's hometown.

The prize is given to one who can be compared with the Danish Andersen,

writer who wrote some 160 fairy tales and poems between 1805 and 1875.

Rowling said the author of such classics as The Little Mermaid and the The Ugly Duckling had "created indestructible, eternal characters.'

Rowling's seven harry Potter books have more than 400 million copies. THE ASSOCIATED PRESS



### **Twain tops** lists postmortem

It's never too late: Mark Twain is back on the bestseller lists.

Pre-orders for the first of three planned volumes of his autobiography, released in full upon the centennial of Twain's death, have for the past few days placed the book in the top five of Barnes & Noble.com and Amazon.com. It is out-

pacing new works by Ken Follett, John Grisham and Jon Stewart.

The Autobiography of Mark Twain, Volume 1 comes out Nov. 15 from the University of California Press.

Excerpts have appeared over the past several decades, but Twain's strong opinions on current affairs and other matters were left out, at his request. He had said that it was best to wait 100 years after his death for the whole book to be released. THE ASSOCIATED PRESS

# Bieber's mom feels shut out

Source says she's talking to a lawyer about Justin's planned autobiography

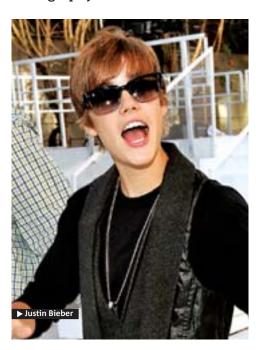
Pattie Mallette, mother of teen sensation Justin Bieber, is worried she' being cut out of her sons successful career, according to Radar Online.

Her worries started when she found out about Bieber's forthcom-

ing autobiography.

"No one in Justin's camp told her or consulted her," a source says. "She found out about it by reading it in the

While devoted to her son, Mallette is reportedly mulling her options. "She's in a tough position," the source says. "She feels that she's being cut out of her son's business life by the peo-ple around him. She doesn't know what to do. It was a big step for her to finally go out and look for a lawyer for herself. Now we'll see if she follows through."



### Mel is not so bad: Jodie Foster



Despite his personal problems and his flagging public profile, Mel Gibson still has some high-profile supporters in his corner, including Jodie Foster. "He is incredibly loved by everyone that's ever come into contact with him or works with him," Foster says, according to Hollyscoop. is truly the most loved man in the film business, so, hopefully that stands for something."

THE ASSOCIATED PRESS

### Talking points

### **Aguilera finds** support

BLAME. Christina Aguilera reportedly blames husband Jordan Bratman for the collapse of their marriage, according to Page Six.

"She feels that he held her back when she wanted to focus more on her career," a source says. Meanwhile, Aguilera has reportedly been turning to Lindsay Lohan's ex-girlfriend, Samantha Ronson, for emotional support, though sources deny rumours the two are hooking up.
"They've known each

other forever and they're good friends," a source says. "Samantha was in Mexico with Christina for Nicole [Richie]'s bachelorette party." METRO

### Gaga ready to settle down?

**COMMITMENT.** Things are getting serious enough between Lady Gaga and boyfriend Luc Carl that the pair reportedly took part in a "spiritual commitment ceremony," according to Grazia magazine. "It was their first step towards marriage," a source says. "They both dressed up and said beautiful hand-

written vows. They then exchanged rings in a spiritual service and drank shots before sitting down to a lovely private dinner at a tiny restaurant." And the ceremony was just the beginning, according to the source: "They wanted to show that they are committed to each other and want to spend the rest of their lives together. They are still planning to marry, but that will come later when she has the time to plan a big Italian-style wedding.

### **Elton could** have been a judge

IDOL. Elton John says he turned down an offer to be a new judge on American Idol.

"I don't want to be on television. It's become boring, arse-paralyzingly brain crippling," he tells Radio Times magazine.

He also questions how much reality shows prepare singers for a real career

JIM CARREY

[@JIMCARREY] Friday night in NYC. A giant aching mass of impulse and apatite speeding toward the dawn again! You're a wild one!

**Celebrity tweets** 



**GAGA** [@ladygaga] Having a Perfect

Manhattan, for my perfect guy. Love you Giuseppe



Swift (Ataylorswift13] At

with my family, engaged in a heated argument debating our theories on who 'You're So Vain' is



Johnathan Ross [@Wossv]

too much coffee and fruit. Would make a great pinata for cannibals, Main course, then desert and coffee in one handy skin.

"TV vaults you to superstardom and then you have to back it up, which is hard," he says. 'Susan Boyle was an endearing

phenomenon, but I fear she might not understand the rigors of show business. The only way to sustain a career is to pay vour dues in small clubs.'







• Follow these celebrity vacationers to their fave hot spots—all places that'll meet your needs for surf, sand and warm temperatures



### THE BAHAMAS

For twosomes who are like ships that pass in the night because of jam-packed schedules and are desperately in need of pampering time together.

### Poster couple

John Travolta and wife Kelly Preston make time for intimate getaways at places like the ultraposh resort, Atlantis, in the Bahamas. With more than 2,000 rooms, the resort might not be intimate but even these stars can get lost in the crowd.



### DOMINICAN REPUBLIC

For twosomes who rank styrofoam, George W. Bush and SUVs high among the environmental evils of the world.

### Poster couple

Brad Pitt and Angelina Jolie like to keep it real in the DR. They stroll the streets and hang with the locals, before hiding away at an exclusive resort, like the Punta Cana Resort & Club.

The sugary-white beaches of the Dominican Republic are why most people head there, but its best-kept secret is its ecofriendly side.

Hike through unspoiled mangrove swamps and mountains with cascading waterfalls.



### BARBADOS

For let's just do it twosomes who can't get the vacuum cleaner out of the front-hall closet because it's jammed with baseball gloves, golf clubs, yoga mats and last year's darttourney trophy.

### Poster couple

David and Victoria Beckham flaunt their rippled bodies on the beach at celebrity-magnet Sandy Lane, the island's most exclusive, and expensive, resort.

When they're not frolicking in the waves. they lounge in their ocean-view suite, far away from the unwashed masses seeking autographs.



### MEXICO'S MAYAN RIVIERA

For hipster couples who like to follow the crowd on the road to what's hot and happening.

### Poster couple

Tom Cruise has always been one to be on top on the latest trend. He kicked off the global obsession with aliens with War of the Worlds and snagged himself a young wife (a popular Hollywood tradition) in the form of Katie Holmes.

He also knows a good thing: He booked a romantic getaway with his beloved at the Maroma Resort and Spa, a nearly \$5,000-a-night sweet spot in the Mayan Riviera.





### GRENADA

For twosomes who love facing challenges and adversity head-on and want a trip to a place with strong conviction and spirit.

### Poster couple

Will Smith and Jada Pinkett Smith, Heidi Klum and Seal. Both of these couples share things in common: It's the second time around for both, and these twosomes have vacationed on the spice island. Sure, they could've given up on finding love again and taken a vow of chastity, but they licked their wounds, found fresh amore and hooked-up for a sequel marriage.







A new rollercoaster and a tropical fish venue are coming to two Florida theme parks owned by SeaWorld Parks. Park officials announced last week that the roller coaster Cheetah Hunt is coming to Bush Gardens Tampa, while Grand Reef will open at Discovery Cove in Orlando THE ASSOCIATED PRESS





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# Only a stones throw away

 You don't need to have kids to enjoy all Disneyland has to offer
 There are activities for all-ages



They say it's the happiest place on earth, and well ... it is.

You don't need to have kids to enjoy all Disney-land has to offer at just a flight away.

From the food and wine to the attractions and games, Downtown Disney and special Aladdin performance, there is a variety of activities and attractions that appeals to adults.

A theme park staple, Aladdin: A Musical Spectacular will be taking its last bow this fall, but with an updated Genie making modern jokes — about Lady Gaga, Twitter and other adult humour — this is one show parents won't want to miss, with or without the kids.

"Whether you're one or all the way to 101, there's always something fun for everyone at Disneyland," Marlie Morrison, managing director of Disney Parks Canada said.

With two parks to enjoy, the classic Disneyland and the 10-year old Disney's California Adventure, there is double the fun. The best bet would be to purchase a "park hopper pass", which ranges in price and number of days. There are three hotel resorts located directly within the parks vicinity for those who want to be right in the action.

The Grand Californian Resort and Spa located within Downtown Disney features an amazing adult but kid-friendly restaurant, Napa Rose, which was a several course meal

### Costs

Admission cost:

- 5-day park Hopper (two days free) Kids - \$154, Adults \$184
- 2-day park Hopper Kids -\$131, Adults - \$151
- 1-day park Hopper Kids -\$87, Adults - \$97
  - 1-day, 1 park Kids \$62, Adults \$72

prepared by amazing chef Andrew Sutton. Delicious!

As for the rides, while Disney certainly has its fair share of kids rides, adults will enjoy the selection as well from the crazy rollercoaster California Screaming to the Tower of Terror — not for the weak of heart.

But also the Soaring' Over California ride offers adults a few moments of hang gliding — simulated of course — over California's many incredible sights. Pirates of the Caribbean, a park favourite, is not to be missed.

For those old enough to remember, check out the Captain EO Tribute paying homage to Michael Jackson, in 3-D.

The best part is all of these attractions are included in the admission price.

Upcoming and not-tomiss attraction at Disney — the World of Color spectacular light and water show, opening on June 11, will have people coming back time and time again.

By 2012, the park will have a new entrance and also three new attractions, including what is sure to be a favourite, Cars Land.



Disneyland is not just for kids, but if you do have kids, children under 17 can fly for free with a parent through Westjet, who offers daily and non-stop flights through a partnership with Disney and Westjet.

Westjet manager of public relations Robert Palmer said it's normally rare for children up to age 17 to be able to fly for free. But Westjet thrives on being able to offer the promotion, though there are some restrictions. Please visit westjet.com for more information.

"It's a tremendous opportunity for families to enjoy Disneyland this spring and save a lot of money in the process. It's a terrific package for a lot of reasons, but perhaps most of all, because children from age to 17 can fly for free," he said.



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# Swimming with lions a roar

● Puerto Vallarta Adventures lets you get up close with huge sea lions ● These gentle giants are great with humans and beats the heck out of swimming with that boring, old dolphin

### THE TRAVELIN' CANADIAN

DARREN PARKMAN



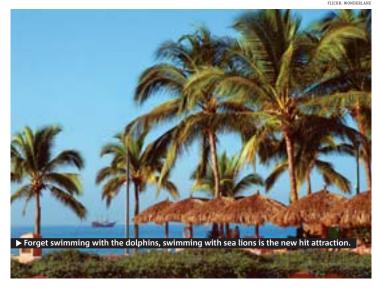
Swimming with Dolphins has long been a favourite tourist attraction

along Mexico's Pacific Coast, but how bout doing laps alongside big blubberly sea lions?

Just outside downtown Puerto Vallarta, you can literally get "nose to whiskers" with these super friendly giants.

For around 75 bucks Canadian, Vallarta Adventures offers a rare chance to get up close and personal with several well-trained lions.

Sure, I'll admit I was a bit intimidated, in fact



downright worried, about splashing around in the same pool with a 1,500 pound hairy creature, but my new friend Cassandra the lion, soon put my mind at ease.

She swam right up,

threw a welcoming flipper around my fragile neck, gave me a big hug, and planted a big wet, fishy kiss on me.

Okay, admittedly it was the most affection I'd had in awhile, but I really could have lived without that overpowering tuna breath.That aside, the whole experience really was downright fascinating.

These mammals are darned intelligent, and love to frolick with humans in a fun, and thankfully, non-life-threatening way. After swimming with, feeding and just hanging out with my new deep-sea friend, I was even ready for the grand finale.

Cassandra got a good head start and suddenly flew out of the water directly over my head, leaving me uncrushed, and a little sad it was all over.

It's a highly recommended once in a lifetime experience.

Hey, when are you going to get kissed by a 15 hundred pound monster named Cassandra again?

### What else to do while there

### Cruise the famous Malecon strip:

P.V. is most famous for this waterfront strip that features great views, shops, and cool atmosphere. Beware, though, prices in this tourist zone are a lot higher than other Mexican tourist destinations. Surprisingly, many of the restaurants here are owned or operated by Americans and Canadians.

### Deep-Sea Fishing

Some of the best sport fishing in the world can be found off Puerto Vallarta, which after all, was just a tiny fishing port before the tourists started showing up. Several companies offer day long charters in search of Sailfish and Marlin.



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# Any truth to hotel ratings?

• How to know what ratings really mean and which ones to trust • Don't get taken in by fake rating systems



When you put confidence into a nice vacation once a year, you want your money's worth in hotel or resort quality. So when you're spending all those hours toiling away on travel websites or talking with an agent, how much does the star rating mean in your decision?

Mahmood Tejpar, a manager at Marlin Travel in Calgary, rates hotels and resorts usually from two to five stars. The differences, he says, are in terms of amenities.

"The higher the star, the more facilities like spas, bistros, discotheques, more pools, more restaurants," he says.

Staff service, food quality and location can also be taken into consideration. But with each perk, that likely means the price will



increase.

Tejpar says Canadians usually look for four star accommodations. To help clients, Marlin Travel gives ratings of budget, moderate, superior and luxury alongside stars.

Ratings are all over the map.

They can be awarded by agencies, critics, anonymous online reviews or the hotels themselves.

Hotwire takes an average from other websites and customer feedback.

Expedia lets you filter your searches by amenities such as air conditioning and gyms.

Frommer's, a popular guide book series, makes up its own ratings, from zero to three stars in recommendations.

And competing guide Lonely Planet barely even acknowledges the grades, but suggests you look at the bigger picture.

"As a Lonely Planet author we regularly ignored them," says editor Robert Reid. "As they are so inconsistent country to country, we find they're not the most consistent way of conveying quality. Some [hotels] add an elevator for an extra star, for example, and charge more, but have far less comfortable rooms than a two-floor bed and breakfast walk-up."

If you're looking for some swanky hot spots in warmer regions this winter, Tejpar recommends well-branded hotel chains Bahia Principe, Barcelo and Occidental in Mexico and the Caribbean Islands. And if you want to go above and beyond, then there's the Waldorf Astoria resort in La Quinta, California

"It has 41 pools and 53 hot spas," laughs Tejpar.

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### Allegro Varadero • 3 ★

All-Inclusive Superior rm. Dec. 19 • 1 wk.

+Taxes & other fees (including service charges): \$228

### Santa Clara Royal Hideaway Ensenachos • 5 ★

All-Inclusive Royal spa premium rm. Dec. 25 • 1 wk.



### **MEXICO**

### Los Cabos

Royal Solaris Los Cabos Resort All Inclusive & Spa • 4★

All-Inclusive • Deluxe rm. Jan. 1 • 1 wk.

+Taxes & other fee (including service charges): \$28-

### Cancun/Riviera Maya Gran Bahia Principe Coba • 5 ★

All-Inclusive Junior suite Jan. 9 • 1 wk.

+Taxes & other fees (including service charges): \$289

### Gran Bahia Principe Tulum • 5 ★

All-Inclusive Standard rm. Jan. 9 • 1 wk.

+Taxes & other fees (including service charges): \$289

### **MEXICO**

### Ixtapa/Zihuatanejo

Barceló Puerto Vallarta • 4 ★

Hotel Emporio Ixtapa • 3 1/2 ★

Standard mountain view rm. Dec. 25 • 1 wk.

+Taxes & other fees (including service charges): \$282

### Puerto Vallarta/Riviera Nayarit

All-Inclusive Junior suite deluxe Nov. 13 - 27 • 1 wk.

\$999 +Taxes & other fees (including service charges): \$283

### **JAMAICA**

to oceanfront rm.

### Sunset Jamaica Grande Resort & Spa • 4★

All-Inclusive Exclusive, renovated standard rm. Dec. 20 • 1 wk. FREE upgrade

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PRIVILEGES

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+Taxes & other fees (including service charges): \$150

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### Celebrity Cruises<sup>1</sup> Celebrity Summit<sup>SM</sup>

Southern Caribbean Cruise Flights to San Juan via Toronto Interior stateroom, cat. 9 Jan. 8 & 15 • 1 wk.

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### JAMAICA

### Iberostar Rose Hall Beach • 4 1/2 ★

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\$1649 +Taxes & other fees (including service charges): \$281 Gran Bahia Principe Jamaica • 4 1/2 ★

All-Inclusive • Junior suite Dec. 20 • 1 wk.





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As the only remaining royal palace in the U.S., Iolani is a historical landmark. Find out more about the palace's history from when it was built by King Kalakaua in 1882 with a guided tour.

### iolanipalace.org

### **Hear Tropical Tunes**

By day, Chinatown is a bustling area where you can wander around market stalls slurping on noodles or sampling dim sum. By night, it's a musical hub



with great live music. Hank's Café Honolulu on the edge of Chinatown is a friendly hotspot popular with the locals.

### hankscafehonolulu.com

### Drink Mai Tai

Where else would you drink a Mai Tai but the Mai Tai Bar? The open-air venue hosts weekly music gigs and the happy hour deals will leave you smiling. Traditional Mai Tai, Mango Mai Tai, Lychee Mai Tai or Icy Mai Tai...? Possibly the most difficult decision you'll make on your holiday.



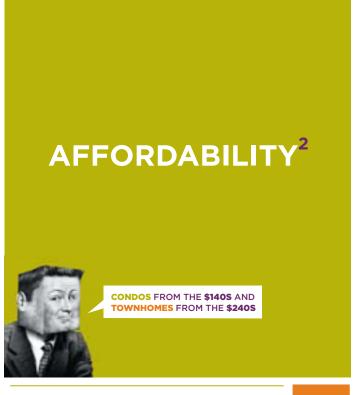


maitaibar.com

### Do Surf 'n' Turf

Water activities are the thing to do. Try your hand at boogie boarding, surfing, snorkeling, or challenge the waves by hopping into an outrigger cance. Exploring surrounding islands on a kayak is great fun. Kailua Beach has some good waves but Waikiki is best for beginners.





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know Palm California, don't you? People have long been drawn to this desert spot, with its 350 days of sun per year, sheltered by mountains on every side. The Palm Springs Hotel, the city's first, was built in 1886. Since then, tourists have soaked up sunshine and the city's rich history in equal measure, some becoming part of it themselves. Now it's your turn.

### **PAST AND PRESENT**

Abundant water, flora and fauna have made Palm Springs popular for centuries, particularly among the ancestors of the Agua Caliente Band of Cahuilla Indians. Traces of their rock art, house pits, reservoirs and trails can still be seen. Ranger-led tours make a perfect supplement to programs and exhibits offered by the Agua Caliente Cultural Museum, located downtown. The Aqua Caliente Band remains an active part

of Palm Springs' business community; its holdings include the Spa Resort Casino and Indian Canyons Golf Resort, both popular with tourists

### **FAME & FORTUNE**

Culture comes in many forms. No modern history of Palm Springs would be complete (or nearly as much fun) without a look at some of the city's most dazzling residents. A former home of Marlene Dietrich, Loretta Young, Bob Hope, and Lucille Ball among many others, Palm Springs continues to draw luminaries like Leonardo DiCaprio, Halley Berry, and Gwen Stefani to its sundrenched streets. A trip down Frank Sinatra Drive reminds you of the most famous Palm Springs resident of all.

### **ART & ARCHITECTURE** <a> </a>

Performing artists aren't the only ones inspired by Palm Springs' natural beauty. For architects of the Desert Modernist school, this city was, and remains, a gathering place. The movement, emphasizing a mixture of natural and manufactured resources, indoor and outdoor space, has gifted Palm Springs with many elegant buildings, both sleek and informal. Guided tours are available year-round.

Photo: Palm Springs Desert Resorts CVA

### **NOW WHAT?**

Yes, Palm Springs has an exciting past, but its future is even sunnier. Since 2007 (and continuing today), Palm Springs and its sister-cities in the desert are introducing new hotel properties, restaurants, golf courses and other amenities totaling more than two billion dollars' worth of investment. There's already more than 100 lodging properties awaiting you, your partner, your children, your parents, and your friends. Come see what's brought people here for hundreds of years, and what's bringing even more of them here today.

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Millionature protegres. Next to Scoler 27, 2012 (M. Marc Mill Reset For the Gages Str.

TRAVELS WITH KIDS

### A little sugar goes a long way

It's important that children shouldn't be taken far from their normal routines. Vacations aren't an excuse to eat lots of junk food, but sometimes a little sugar might go a

"I never leave without a bag of energy bars, nuts, dried fruit, and - in case of emergency - candy. There's nothing like low blood sugar in kids on vacation to make you wish you'd never left home" JAMIE PEARSON, TRAVEL SAVVY MOM

long way. "I never leave without a bag of energy bars, nuts, dried fruit, and - in case of emergency – candy," says Jamie Pearson, publisher of Travel Savvy Mom. "There's nothing

like low blood sugar in kids on vacation to make you wish you'd never left home."

If you're not driving, check seating and ticket regulations. There are specific rules with each

transportation company, and knowing them beforehand will make the trip easier.

And as for the literal little kicker:

"The correct seat for your husband is the one right in front of your child," says Pearson. "That way you won't have to remind your child not to kick and apologize to the passenger in front of you for the duration of the flight." • JESSICA LEWIS



## **Make travels** with children pain-free

How to avoid temper tantrums and delays on your vacation



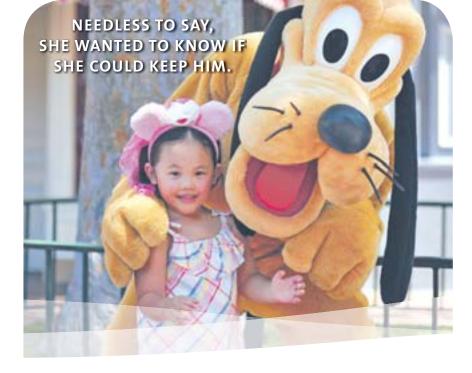
Having heartwarming pictures of little Susie and John in front of a gorgeous landscape or city skyline is priceless, but getting them there can cost you a lot of energy. Here are some tips to make your trip run more smoothly.

Make sure your child has the proper travel documents. If travelling abroad, they need a passport. For any kind of travel, they might also need their birth certificate showing the names of both parents. Or if they are with one parent, they need a consent letter from the other or a death certificate. Whether you're opting for planes,

trains or automobiles, keeping a child content can be a chore. According to Jamie Pearson, publisher of the award-winning website Travel Savvy Mom, a lot can keep your children content and entertained.

"For flights with young kids, bring a bag of inexpensive toys that they've never seen before," she says. "For road trips, buy a selection of children's audio books or (loan) from your local library. You'll be surprised how the miles fly by when everyone is transported by a well-told story.

Pearson also recommends bringing a portable DVD player and an iPhone or iPad with kid-friendly apps.



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# Simple dish, complex flavour

Sauteed chicken with Caramelized Onions

### **Preparation:**

- Cut onions into 6 wedges each. Sprinkle chicken with 1/4 tsp each salt and pepper.
- 2 In large skillet, add 2 tsp margarine and melt over medium-high heat. Sauté chicken until browned, about 3 minutes per side; transfer to plate.
- Reduce heat to medium and melt remaining margarine in skillet. Sauté onions, 1 tbsp sugar, and remaining salt and pepper until onions turn golden brown and caramelize, 8 minutes. Stir frequently, breaking onions apart. Add broth and boil until evaporated, 2 minutes.



Stir in rosemary, thyme, and remaining sugar. Return chicken to skillet and sprinkle with vinegar. Cook, uncovered, until juices of chicken run clear, about 4 minutes. Serves 4

RECIPE COURTESY READERS DIGEST

### Ingredients:

- 750 g medium onions
- · 4 skinless, boneless chicken breast halves
- · Salt to taste
- 1/2 tsp pepper · 4 tsp margarine
- 2 tbsp superfine sugar
- 1/3 cup reduced-sodium
- chicken broth • 1 tsp chopped fresh rose-
- 1 tsp chopped fresh
- thyme • 1 tbsp red wine vinegar

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# So you want to be an entrepreneur?

• Opening a small business can be made easier by going franchise route



What do Comfort Keepers, Survivor Bootcamp, Post-Net, Reliable Independent Living Services, Canadian Tire and Cora Breakfast and Lunch all have in common?

They're franchises, which account for 40 per cent of all retail sales in Canada and 10 per cent of the GDP, and employ more than one million Canadians, according to the Canadian Franchise Association (CFA). They attract a diverse group, from former franchise employees and corporate executives, to new immigrants, young entrepreneurs, and women, like Cora Tsouflidou — part of a growing demographic, according to a 2008 national



survey commissioned by Gowling Lafleur Henderson

Divorced with three teenage children to support, Tsouflidou opened her first restaurant in Quebec in 1980. She sold the popular eatery to work at a large establishment where she honed her skills

In 1987, she debuted Co-

ra Breakfast and Lunch; other locations soon followed. In order to grow her business, build her brand and "teach others her winning recipe," she chose franchising as her business strategy.

first franchise opened in 1994; today there are more than 115 across the country with annual

sales of more than \$125 million. Tsouflidou credits her success to "initiative, perseverance, self-confidence and boundless ener-

What's The Next Big Thing? Here are two grow-

Senior/Home Care Services: Thirteen percent of the Canadian population

# How do you find your own recipe for success?

franchise is right for you is essential for success and fulfillment," says Lorraine McLachlan, CFA president and CEO. Here are just a few questions she suggests you ask yourself. For more tips for potential franchisees (those buying franchises) and franchisors (those selling them), visit cfa.com.

- What motivates me? Potential revenue, challenging work, people, service, recognition, safety, security?
- How much structure, support, supervision or feedback

do I need? New franchises tend to offer more flexibility with rules; more established ones tend to have more rigid systems and operating procedures.

• How much money do I have to invest? Licensing fees can run from \$5,000 to \$75,000plus. Other expenses usually include royalties.

• How many employees do I want?

• Do I like being on the front lines and dealing with customers?

• What's my job experience? Look for a business that fits with your expertise. OMETRO

is aged 65 and older, and this population expected to double over the next 20 to 25 years, says Arif Abdulla, marketing and PR director for Nurse Next Door, Canada's fastest-growing home care franchise. This is a largely unregulated, competitive industry, says Abdulla, that demands a 24/7 commitment.

• Business Consultants: Includes everything from coaches to brokers that serve businesses and help them grow or operate better. Gemma Business Brokers president Maurice Muise says B2B franchises offer a professional services opportunity, life/work balance and growth market as boomers start retiring.



**Small Business Fair** 

Thursday, October 21 11:00 a.m. to 3:00 p.m.

Learn about organizations that support and encourage small business development in our city.

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# Sizing up the classroom

### Smaller classes are not always cost-effective → Parents should review teaching, learning practices

Smaller classes are popular with parents and teachers; however, because reducing class size is a very expensive undertaking, running into hundreds of millions of dollars each year in a large province, it is important to compare this strategy with other alternatives for improving student outcomes.

Many studies have been done on the impact of class size on teaching practices and on student outcomes. Although this research inevitably contains some conflicting findings, there is a significant agreement on some major points:

• Smaller classes in primary grades have been linked with somewhat better student outcomes, but the evidence is much weaker above the primary

### more details

 More information on class sizes reduction can be found at cea-ace.ca. leve1

- Smaller classes may have the greatest positive impact on students with the greatest educational needs.
- Academic gains for students from smaller classes depend on changes in teaching practices, but smaller classes alone do not necessarily lead to changed teaching. Teachers need ongoing support to implement new approaches for smaller classes.
- Fewer children mean more space for classroom activities and may reduce behavioural management issues.
- Changing class size across a whole system is challenging. Teachers need to change what they do, more teachers are needed, more split grade classes may result (though there is no evidence that split grades are harmful to students) and more classrooms are needed.

Evidence to date sug-



gests that smaller classes across an entire system are probably not the most costeffective way to improve student outcomes when compared with, for example, investing the same money in improving teaching skills. However, the fact that both teachers and

parents support smaller classes provides another kind of value.

For parents, it is important to know the size of classes in your school but, even more, to understand the teaching and learning practices being used.

NEWS CANADA

### **News in brief**

### Canada seeks more Saudi med students

FOREIGN The federal government plans to boost its efforts to attract Saudi health-sciences and medical students with an agreement in health care between Canada and Saudi Arabia.

The memorandum of understanding will offer opportunities for Saudi physicians and health-care personnel to receive further training in their fields in Canada. There are over 10,000 Saudi government-sponsored students studying in Canada,

including 800 Saudi doctors and medical students pursuing graduate studies in Canadian hospitals and universities.

Canada's ambassador to Saudi Arabia announced last month that medical examinations will no longer be required for most Saudi citizens, including students, who plan to stay in Canada for over six months.

# Students oppose degree for Vic Toews

DEGREES At the University of Winnipeg's fall convocation Sunday, the school's valedictorian used her address to criticize the university's decision to bestow an honorary doctorate of laws on federal Public Safety Minister Vic Toews.

Valedictorian Erin Larson said she was "not proud to share the stage with everybody that is on it today," not naming Toews directly.

Around 40 to 50 people gathered outside the university on Sunday afternoon to protest the honorary degree, holding signs condemning the minister for his public statements on crime, immigration, and same-sex issues.

Some protesters said Toews' stances on these issues are at odds with the University of Winnipeg's reputation for being inclusive and progressive.

METRO

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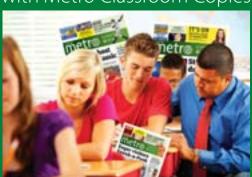
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# sports

### Sports in brief



The NFL will begin suspending players for dangerous and flagrant hits, starting with this week's games, and meantime fined three players yesterday for their actions last weekend.

Pittsburgh Steeler James Harrison was docked \$75,000 US, while the New England Patriots' Brandon Meriweather and the Atlanta Falcons' Dunta Robinson will lose \$50,000 each.

NFL spokesman Greg Aiello said the league wanted to give players fair warning before it begins suspensions for violent hits. THE ASSOCIATED PRESS

# **Bourque pots winner**

### Flames forward returns from concussion to score overtime goal



FLAMES

PREDATORS

Rene Bourque scored in overtime to give the Calgary Flames a 1-0 victory over the Nashville Predators last night.

After winning their first three games of the season, the Predators have lost back-to-back games, both in overtime. Calgary has won two straight.

The victory was Calgary's fifth straight in Nashville. The Flames have

not lost a game in Music City since Jan. 18, 2008. Dating back to the start of last season, the road team has won the past five matchups.

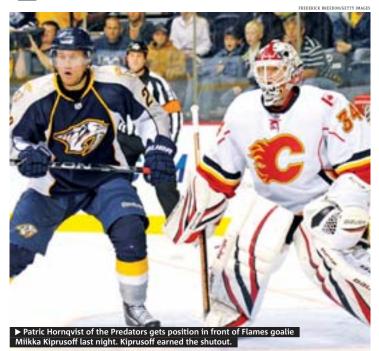
Parked in the low slot, Bourque corralled the rebound of a tough angle shot by Brendan Morrison and beat Predators goaltender Pekka Rinne on the stick side.

After missing Calgary's past two games with a concussion, Bourque got his first goal of the season.

Flames goaltender Miikka Kiprusoff stopped 34 shots for his first shutout of the season and 35th of his career.

Rinne saw his first action since being injured early in the third period of the Predators' season opener on Oct. 9th. He stopped 34 of 35 shots.

THE ASSOCIATED PRESS



Opinion

BRIAN
COSTELLO
THE HOCKEY NEWS



### TOO MANY BODIES, TOO FEW SPOTS

It's getting crowded on the Calgary blue-line and it's just a matter of time before someone has to go.

he acquisition of stay-at-homer Brendan Mikkelson from Anaheim balances off the demotion of T.J. Brodie to Abbotsford of the AHL. With injured Adam Pardy, that keeps the number at eight defencemen.

The most likely candidates to be moved (for both cap reasons and body count purposes) are Cory Sarich or Steve Staois. I think it would be a mistake to get rid of Sarich because he brings a rugged, chippy dimension that Robyn Regehr rations for endurance reasons and Jay Bouwmeester doesn't possess at all.

True, Sarich isn't overly mobile anymore, makes \$3.6 million this season and next, and probably isn't worth it. The contract will be tough to move this early in the season.

Staios is in the final year of a \$2.7-million deal and at 37 is five years older than Sarich. In this lineup, he's a No. 6 defenceman at best. He's a poor man's Sarich, who himself is a poor man's Regehr. The Flames surely would like to see Staios' numbers go away.

Ian White is a keeper at \$3 million and Calgary has to find a way to keep pending free agent Mark Giordano locked up for the long term. That will cost at least \$4.5 million a year.

So who else could be moved?

At \$6.7 million for the next four years, Bouwmeester is the most overpaid defenceman in the league now that Wade Redden and his \$6.5 million are in the minors.

Sure, he's steady and logs big minutes, but J-Bo doesn't contribute a shred of offence, doesn't crunch opponents and doesn't utilize his skating ability. No one's touching his contract. So maybe it's Regehr who is the most

So maybe it's Regehr who is the most moveable. He's rock solid and certainly not overpaid at \$4 million. But he's a valued leader and citizen of the community and is not going anywhere for the time being.

However, if the Flames flounder and are out of the playoff picture come January, Regehr is extremely marketable and could fetch considerable return.

But for now, it's eight bodies for six spots.

## COMMUNITY<sup>2</sup>



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	GP	W	L	OTL	SL	GF	GΑ	Pts	Home	Away	Last 10	Str
d-Toronto	5	4	0	1	0	17	11	9	2-0-1-0	2-0-0-0	4-0-1-0	L
d-Tampa Bay	5	4	1	0	0	17	18	8	2-0-0-0	2-1-0-0	4-1-0-0	W.
d-NY Islanders	6	3	1	1	1	20	17	8	2-0-0-1	1-1-1-0	3-1-1-1	W
Washington	6	4	2	0	0	18	14	8	3-1-0-0	1-1-0-0	4-2-0-0	L
Pittsburgh	7	4	3	0	0	23	16	8	2-3-0-0	2-0-0-0	4-3-0-0	W:
Montreal	5	3	1	1	0	14	13	7	1-0-1-0	2-1-0-0	3-1-1-0	W.
Boston	4	3	1	0	0	12	7	6	0-1-0-0	3-0-0-0	3-1-0-0	W
Atlanta	5	3	2	0	0	17	16	6	1-0-0-0	2-2-0-0	3-2-0-0	W
Philadelphia	5	2	2	1	0	11	14	5	1-2-0-0	1-0-1-0	2-2-1-0	L
Florida	4	2	2	0	0	12	5	4	1-0-0-0	1-2-0-0	2-2-0-0	W
Carolina	4	2	2	0	0	9	12	4	1-0-0-0	1-2-0-0	2-2-0-0	L
NY Rangers	4	1	2	1	0	14	16	3	0-1-1-0	1-1-0-0	1-2-1-0	L
Buffalo	6	1	4	1	0	12	18	3	0-3-1-0	1-1-0-0	1-4-1-0	L
Ottawa	6	1	4	1	0	12	21	3	1-1-0-0	0-3-1-0	1-4-1-0	L
New Jersey	6	1	4	1	0	10	21	3	0-3-1-0	1-1-0-0	1-4-1-0	L
WESTERN	MEE	DEN	CE									

### WESTERN CONFERENCE

	GP	w	L	OTL	SL	GF	GΑ	Pts	Home	Away	Last 10	Stri
d-Chicago	7	4	2	1	0	23	20	9	2-2-0-0	2-0-1-0	4-2-1-0	W3
d-Dallas	5	4	1	0	0	20	15	8	2-0-0-0	2-1-0-0	4-1-0-0	LI
d-Colorado	6	4	2	0	0	19	19	8	1-0-0-0	3-2-0-0	4-2-0-0	W1
Nashville	5	3	0	2	0	13	10	8	2-0-2-0	1-0-0-0	3-0-2-0	Lá
Detroit	5	3	1	0	1	14	12	7	1-0-0-1	2-1-0-0	3-1-0-1	W1
Los Angeles	4	3	1	0	0	10	6	6	2-0-0-0	1-1-0-0	3-1-0-0	W2
Calgary	5	3	2	0	0	9	11	6	2-1-0-0	1-1-0-0	3-2-0-0	W2
St. Louis	5	2	1	1	1	14	12	6	2-0-0-0	0-1-1-1	2-1-1-1	L3
Minnesota	5	2	2	0	1	16	13	5	2-2-0-0	0-0-0-1	2-2-0-1	W.
Vancouver	6	2	3	0	1	14	18	5	2-0-0-1	0-3-0-0	2-3-0-1	Ľ.
Anaheim	6	2	3	0	1	13	23	5	2-0-0-1	0-3-0-0	2-3-0-1	W.
Edmonton	4	2	2	0	0	12	11	4	2-0-0-0	0-2-0-0	2-2-0-0	L
Columbus	4	2	2	0	0	10	12	4	1-1-0-0	1-1-0-0	2-2-0-0	W1
San Jose	3	1	1	1	0	7	9	3	1-1-0-0	0-0-1-0	1-1-1-0	Lá
Phoenix	4	1	2	1	0	8	10	3	0-1-1-0	1-1-0-0	1-2-1-0	L3

 $d-\text{division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column. \\$ 

Last night's results Boston 3 Washington 1 Calgary 1 Nashville 0 (OT) Minnesota 6 Vancouver 2 Carolina at San Jose Monday's results N.Y. Islanders 2 Toronto 1 (OT) Pittsburgh 5 Ottawa 2

Anaheim at Columbus, 7 p.m. Vancouver at Chicago, 9 p.m. Carolina at Los Angeles, 10:30 p.m. FLAMES 1, PREDATORS O (OT) First Period — No Scoring.

Penalty — Hagman Cal (high-sticking) 3:52.

Second Period — No Scoring.

Penalties — Jackman Cal (tripping) 2:51, Sullivan

Chicago 3 St. Louis 2 (OT) Colorado 3 N.Y. Rangers 1 Tampa Bay 5 Dallas 4

Tonight's games Buffalo at Atlanta, 7 p.m.

8. Vancouver, D.Sedin 6 (H.Sedin, Samuelsson) 18:31 (pp)

Penalties — Cullen Min (hooking) 2:04, Schultz Min (high-sticking) 18:10.

Vancouver Minnesota
Goal (shots-saves) — Vancouver-Luongo (L.1-21)(18-12), C.Schneider (start third)(6-6); Minnesota: Backstrom (W,2-2-1), Power plays (goalschances) — Vancouver: 1-6; Minnesota: 3-3.
Referees — Chris Lee, Mike Leggo. Linesmen
— Don Henderson, Michel Cornier.
Attendance — 16,806 (18,064) at St. Paul, Minn.

**UVERTIME**1. Calgary, R.Bourque 1 (Morrison, White) 2:10 **Penalties** — None.

### Calgary 12 6 14 3—35 Nashville 12 12 10 0—34 Goal — Calgary: Kiprusoff (W,3-2-0); Nashville: Rinne (L,1-0-1). Power plays (goals-chances) — Calgary: 0-2; Nashville: 0-5. Referees — Marc Joannette, Gord Dwyer. Linesmen — Dan Schachte, Jonny Murray. Attendance — 15,684 (17,113) at Nashville. WILD 6, CANUCKS 2

First Period 1. Vancouver, D.Sedin 5 (H.Sedin, Edler) 0:58 Minnesota, Zidlicky 1 (Cullen, Miettinen) 6:04 (pp)

Nash (hooking) 7:10, Bouwmeester Cal (inter-ference) 12:30, Nashville bench (too many men;

served by Dumont) 14:23, White Cal (tripping)

– Glencross Cal (goaltender interfer-

Third Period — No Scoring

Penalty — GI ence) 14:12.

Shots

3. Minnesota, Latendresse 2 (Falk, Havlat) 7:20

3. Minnesota, Latendresse 2 (Fallk, Havlat) 7:20 4. Minnesota, Clutterbuck 2 (Latendresse, Havlat) 18:10 (pp) Penalties – Clutterbuck Min (interference) 2:05, Ehrhoff Ver (Sashing) 5:29, Zanon Min (interference) 7:48, Rypien Ver, Staubitz Min (fighting) 10:52, Samuelsson Ver (cross-checking) 16:30. Second Period 5. Minnesota, Madden 1 (Burns, Schultz) 7:54 6. Minnesota, Brunette 2 (Zilidick, Miettingn) 12:21

 Minnesota, Brunette 2 (Zidlicky, Miettinen) 12:21
 Minnesota, Cullen 3 (Koivu, Zidlicky) 13:46 (pp) Penalties — Nystrom Min (delay of game) 8:51. Rypien Vcr (double roughing, misconduct), Staubitz Min (roughing) 13:38, Cullen Min (hooking) 15:06. **Third Period** 

Shots 7 11 9 -27 11 7 6 -24

### SCORING LEADERS

Hossa, Chi	7	4	11
B.Richards, Dal	2	8	10
Stamkos, TB	5	4	9
Sharp, Chi	6	2	8
Crosby, Pgh	4	4	8
Ovechkin, Wash	4	4	8
Getzlaf, Ana	2	6	8
Kopecky, Chi	1	7	8
Liles, Col	0	8	8
Kessel, Tor	5	2	7
C.Stewart, Col	5	2	7
Letestu, Pgh	4	3	7
D.Sedin, Vcr	4	3	7
Goligoski, Pgh	3	4	777777777777777777777777777777777777777
Neal, Dal	3	4	7
Martin, Pgh	1	6	7
Ribeiro, Dal	0	7	7
H.Sedin, Vcr	0	7	7
MacArthur, Tor	5	1	6
Morrow, Dal	5	1	6
Roy, Buf	5	1	6
Bailey, NYI	3	3	6
Comeau, NYI	3	3	6
Perry, Ana	3	3	6
Not including last night's	games		

### **MLB**

### 2010 POST-SEASON

LEAGUE CHAMPIONSHIP SERIES (BEST-OF-7) (All times Eastern) AMERICAN I FAGUE AMERICAN LEAGUE
Texas (W) vs. N.Y. Yankees (WC)
(Texas leads series 3-1)
Last night's result
Texas 10 N.Y. Yankees 3
Monday's result

Texas 8 N.Y. Yankees 0

Saturday's game

Today's game Texas at N.Y. Yankees, 4:07 p.m. Friday's game r-N.Y. Yankees at Texas, 8:07 n.m.

c-N.Y. Yankees at Texas, 8:07 p.m. x-N.Y. Yankees at Texas, 8:07 p.m.
NATIONAL LEAGUE
Philadelphia (E) vs. San Francisco (W)
(San Francisco leads series 2-1)
Yesterday's result
San Francisco 3 Philadelphia 0

Tonight's game Philadelphia at San Francisco, 7:57 p.m. Tomorrow's game
Philadelphia at San Francisco, 7:57 p.m.

Saturday's game x-San Francisco at Philadelphia, 3:57 or 7:57 p.m.

Sunday's game x-San Francisco at Philadelphia, 7:57 p.m.

### GIANTS 3 PHILLIES O

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Philadelphia	ab	r	h	bi	San Francisco	ab	r	h b	i
Victorn cf	2	0	0	0	Renteri ss	4	1	1 (	)
Utley 2b	4	0	0	0	FSnchz 2b	3	0	1 :	1
Polanc 3b	4	0	0	0	Posey c	4	0	0 (	)
Howard 1b	4	0	1	0	Burrell If	2	1	0 (	)
Werth rf	3	0	0	0	Schrhlt rf	0	0	0 (	)
Rollins ss	4	0	1	0	C.Ross rf-If	3	0	1 :	1
Ibanez If	4	0	0	0	A.Huff1b	3	0	1:	1
C.Ruiz c	2	0	1	0	Uribe 3b	3	0	0 (	)
Hamels p	2	0	0	0	Rownd cf	3	1	1 (	)
Gload ph	0	0	0	0	JaLopz p	0	0	0 (	)
Contrrs p	0	0	0	0	BrWIsn p	0	0	0 (	)
M.Cain p	2	0	0	0					
ATorrs ph-cf	1	0	0	0					
Totals	29	0	3	0	Totals	28	3	5 3	3

San Francisco 000 210 00x -3 DP—San Francisco 1. LOB—Philadelphia 7, San Francisco 3. 2B—Rowand (1). SB—Victorino

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8	
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HBP-by M.Cain (Victorino, C.Ruiz). Umpires—Home, Ted Barrett; First, Wally Bell; Second, Jeff Nelson; Third, Tom Hallion; Right, Dan Jassogna: Left, Derryl Cousins, T—2:39. A—43.320 (41.915) at San Francisco

### **NBA**

### PRE-SEASON

Last night's results
At Cincinnati
Cleveland 111 Philadelphia 95
At Toledo, Ohio
Detroit 98 Washington 92
New York 117 New Jersey 111
Indiana 128 Minnesota 124 (017)
Deserva 130 (Walshams City 115

Denver 130 Oklahoma City 115 At Anaheim, Calif. Utah vs. L.A. Lakers Golden State at Phoenix

Sacramento at L.A. Clippers Sacramento at L.A. Clippers Monday's results Charlotte 102 Miami 96 Golden State 100 Portland 78 Memphis 96 New Orleans 91 Oklahoma City 111 San Antonio 102 Clanda 102 Miambr 32 Orlando 102 Atlanta 73

### **TRANSACTIONS**

### BASEBALL

### NATIONAL LEAGUE

NATIONAL LEAGUE
ATLANTA BRAVES—Released OF Melky Cabrera and RHP Takashi Saito.
CHICAGO CUBS—Agreed to terms with manager Mike Quade on a two-year contract.
LOS ANGELES DODGERS—Signed LHP Ted Lil-

LOS ANGELES DODGERS—Signed LHP Ted Lil-by to a three-year contract. NEW YORK METS—Removed RHP Francisco Rodriguez from the disqualified list. WASHINGTON NATIONALS—Promoted Mike Rizzo to executive vice president of baseball operations and general manager and signed him to a five-year contract.

### BASKETBALL

NEW JERSEY NETS—Exercised contract op-tions on C Brook Lopez and G-F Terrence Williams for the 2011-12 season. SAN ANTONIO SPURS—Waived F James Gist.

### **FOOTBALL**

LEAGUE OFFICE—Fined Pittsburgh LB James Harrison \$75,000, New England S Brandon Meriweather and Atlanta CB Dunta Robinson \$50,000 each for flagrant violations of player safety rules during Oct. 17 games.
CHICAGO BEARS—Released DE Charles Grant. Signed DE Barry Turner from the practice squad.

squad. DENVER BRONCOS—Signed LB Divral Briggs

DENVER BRONCOS—Signed LB Diyral Briggs from the practice squad. Placed WR Matthew Willis on injured reserve. Signed WR Eron Riley to the practice squad.

HOUSTON TEXANS—Released OT Ephraim Salaam. Walved LB David Nixon. JACKSONVILLE JAGUARS—Re-signed QB Todd Bouman. Released 5 Gerald Alexander. MIAMI DOLPHINS—Signed FB beon Anderson. NEW YORK GIANTS—Signed WR Samuel Giguere to the practice squad. Terminated the contract of OL Dennis Landolt from the practice squad.

Contract of October States and Section 1997.

SEATILE SEAHAWKS—Signed DE/LB Chris McCoy to the practice squad. Released DE James Wyche from practice squad.

TAMPA BAY BUCKANEERS—Acquired DE Alex

\*\*Long and a 2011 undisclosed draft pick from

Magee and a 2011 undisclosed draft pick from Kansas City for a 2011 undisclosed draft pick. Placed RB Kareem Huggins on injured reserve

### **HOCKEY**

ANAHEIM DUCKS—Recalled D Danny Syvret from Syracuse (AHL). ATLANTA THRASHERS—Assigned D Boris

Valabik to Chicago (AHL). Re-assigned RW Ian McKenzie from Chicago (AHL) to Gwinnett ROSTON RRIJINS—Recalled G Adam Cour

STOND BRUINS—Recalled G Adam Courchaine from Reading (ECHL). Assigned 6 Matt Dalton from Providence (AHL) to Reading. CALGARY FLAMES—Calaimed D Brendan Mikkelson of Hawivers from Anaheim (NHL). Assigned D T.J. Brodie to Abbotsford (AHL). COLUMBUS BLUE JACKETS—Placed D Mike Commodore on injuried reserve, retroactive to Oct. 9. Recalled D Nick Holden from Springfield (AHL). DALLAS STARS—Assigned C Aaron Gagnon to Texas (AHL).

PHOENIX COYOTES—Placed C Martin Hanzal on the injured reserve list. Recalled C Andrew Ebbett from San Antonio (AHL).

### **LACROSSE**

EDMONTON RUSH—Signed T Devan Wray to a

### **SOCCER**

PORTLAND TIMBERS—Signed G Steve Cronin, F Bright Dike F Eddie Joh

### **SOCCER**

### All Times Fastern **EASTERN CONFERENCE**

		GP	W	L	Т	GF	GA	P
	New York		14	9	6	36	29	4
X-	Columbus	29	13	8	8	37	33	4
	ansas City			13	6	32	34	3
Cl	nicago	29	8	12	9	33	37	3
N	ew England	29	9	15	5	32	48	3
	ronto FC	29		13	8	30	39	3
Pl	niladelphia	29	8	14	7	34	46	3
D.	C. United	29	6	19	4	19	44	2

### WESTERN CONFERENCE

	GP	W	L	Т	GF	GA	Pt
x-Los Angeles	29	17	7	5	42	25	56
x-Real Salt Lake	29	15	4	10	43	18	55
x-FC Dallas	29	12	3	14	41	26	50
x-Seattle	29	14	9	6	38	33	48
x-Colorado	29	12			42	30	45
x-San Jose	28	12	9	7	30	29	43
Houston	29	8	15	6	38	48	30
Chivas USA	28	8	16	4	30	38	28

Note: Three points for a win, one for a tie.

x — clinched playoff berth.

Tonight's game
Chivas USA at San Jose, 10 p.m.

Tomorrow's game
New England at New York, 7:30 p.m.

### **EUROPEAN CHAMPIONS** LEAGUE

Yesterday's results AS Roma 1 Basel 3 Bayern Munich 3 Cluj 2 Marseille 1 Zilina 0 Spartak Moscow 0 Chelsea 2 Ajax 2 Auxerre 1 Real Madrid 2 AC Milan 0 Arsenal 5 Shakhtar Donetsk 1 Braga 2 Partizan Belgrade 0

### **CONCACAF CHAMPIONS** LEAGUE

Last night's results Toronto (MLS) 1 Arabe Unido (Panama) 0 Santos (Mexico) 6 Municipal (Guatemala) 1

### CFL

### **WEEK 17**

### EAST DIVISION

	GP	W	L	Т	PF PA	
y-Montreal	15	11	4	0	477 375	1
x-Hamilton	15	8	7	0	396 369	1
Toronto	15	7	8	0	286 393	1
Winnipeg	15	4	11	0	411 407	
WEST DIVIS	ION					

		UP	vv	ь.		PF PA	- 1
x-Calgar	у	15	11	4	0	505 367	2
x-Saskat	chewan	15	9	6	0	425 403	1
B.C.		15	5	10	0	384 397	1
Edmonto	on	15	5	10	0	304 477	1
x - clin	ched play	off b	ert	h; v	_	clinched	

Friday's games Montreal at Hamilton, 7 p.m.

B.C. at Calgary, 10 p.m. Saturday's games Toronto at Winnipeg, 4 p.m. Saskatchewan at Edmonton, 7 p.m.

### SCORING LEADERS

Maver, Cal	0	56	30	3	14
McCallum, BC	0	26	35	1	13
Duval, MtI	0	37	30	4	13
DeAngelis, Ham	0	35	29	3	12
Congi, Sask	0	41	26	2	12
Prefontaine, Edm-To	r 0	25	22	2	9
Cates, Sask	15	0	0	0	9
Shaw, Tor	0	18	19	6	8
T.Edwards, Wpg	12	0	0	0	7
Palardy, Ham-Wpg	0	18	15	7	7
Bryant, Cal	11	0	0	0	6
x-Green, MtI	10	2	0	0	6
x-Cobb, Ham	9	1	0	0	5
Robertson, BC	9	0	0	0	5
Bruce, Ham	8	0	0	0	4
Serna, Wpg	0	20	8	4	4
x-Richardson, MtI	7	2	0	0	4
Lewis, Cal	7	0	0	0	4
McDaniel, Ham	7	0	0	0	4
v centred true no	int	con	nut.		

### AMERICAN CONFERENCE

EASI						
N.Y. Jets New England Miami Buffalo	<b>W</b> 5 4 3 0	L 1 2 5	<b>T</b> 0 0 0	Pct .833 .800 .600 .000	PF 159 154 89 87	PA 101 116 112 161
SOUTH						
Houston Indianapolis Tennessee Jacksonville	4 4 4 3	2 2 2 3	0 0 0	.667 .667 .667	153 163 162 110	167 125 98 167
NORTH						
Pittsburgh Baltimore Cincinnati Cleveland	4 4 2 1	1 2 3 5	0 0 0	.800 .667 .400 .167	114 112 100 88	60 95 102 125
WEST						
Kansas City Oakland Denver San Diego	3 2 2 2	2 4 4 4	0 0 0	.600 .333 .333 .333	108 120 124 157	92 151 140 126

### NATIONAL CONFERENCE

EAST

N.Y. Giants Philadelphia Washington Dallas	W 4 4 3	2 2 3 4	0 0 0 0	.667 .667 .500 .200	PF 134 153 113 102	PA 118 120 119 111
SOUTH						
Atlanta New Orleans Tampa Bay Carolina	4 4 3 0	2 2 2 5	0 0 0	.667 .667 .600	130 130 80 52	101 108 111 110
NORTH						
Chicago Green Bay Minnesota Detroit	4 3 2 1	2 3 5	0 0 0	.667 .500 .400 .167	112 139 87 146	97 112 88 140
WEST						
Arizona Seattle St. Louis San Francisco WEEK SIX	3 3 1	2 2 3 5	0 0 0	.600 .600 .500 .167	88 98 103 93	138 97 113 139
Dues Asisses	D., 66-		1:	:-	.:	

### Byes: Arizona, Buffalo, Carolina, Cincinnati Monday's result

Tennessee 30 Jacksonville 3

WEEK SEVEN

WEEK EVEN

Sunday's games

Buffalo at Baltimore, 1 p.m.

Washington at Chicago, 1 p.m.

Cincinnati at Atlanta, 1 p.m.

Philadelphia at Tennessee, 1 p.m. Pittsburgh at Miami, 1 p.m.

St. Louis at Tampa Bay, 1 p.m. Cleveland at New Orleans, 1 p.m. Cleveland at New Orleans, 1 p.m. Jacksonville at Kansas City, 1 p.m. San Francisco at Carolina, 1 p.m. Arizona at Seattle, 4:05 p.m. Oakland at Denvey, 4:15 p.m. New England at San Diego, 4:15 p.m. Minnesota at Green Bay, 8:20 p.m. Monday, Oct. 25 N.Y. Giants at Dallas, 8:30 p.m.

### **TENNIS**

### ATP IF STOCKHOLM OPEN

At Stockholm, Sweder

Singles — First Round Florian Mayer, Germany, def. Feliciano Lopez (6), Spain, 6-2, 6-2. James Blake, U.S., def. Thomaz Bellucci (7),

Brazil, 3-6, 6-4, 6-4.

Ivan Dodig, Croatia, def. Tommy Robredo (8), Spain, 6-3, 6-2. Taylor Dent, U.S., def. Michal Przysiezny, Poland, 6-2, retired.

Benjamin Becker, Germany, def. Thomas Schoorel, Netherlands, 6-3, 6-0.
Arnaud Clement, France, def. Olivier Rochus,

Belgium, 6-0, 6-4. Robin Haase, Netherlands, def. Filip Projc. veden, 7-6 (4), 3-6, 6-4.

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### **Drive in brief**



It's already exciting enough imagining the Audi A1 on the road, but you could be driving an electric version in the next few years.

Audi is testing 20 prototypes of an allelectric Audi A1 with a top speed of 81mph, on the roads of Munich by mid-2011 and 200 powering stations delivering "green electricity" will be built. It won't be the first Audi EV into production, that will be the sports car concept first shown at the 2009 Frankfurt Show, set for a late-2012 launch. © METRO



◆ Subaru adds more oomph to the WRX while keeping up excellent handling ◆ A sportier take on the standard family ride ◆ Subaru blurs line between STi and standard WRX



# Subaru's WRX **TEVS UP**family sedan market



For 2011, Subaru has given its sporty WRX a visual and dynamic shot in the arm, bringing it closer in line with its bigger bro, the 305 hp WRX STI.

Since getting bumped to 265 hp in 2009, the all-wheel-drive WRX has been nothing short of an under-stated rocket, but its underpinnings have erred on the soft side. Now both four-door sedan (\$32,495) and

five-door hatch (\$33,395) get the STi's wide-body treatment. This goes a long way in kicking the WRX up a few rungs on the look-atme ladder. About the only people not thrilled with this would be current STi owners — just ask my friend Steve.

A wider track for both front and rear wheels helps fill the bulging haunches as do wider 17-inch performance tires — up from 225 mm to 235 mm. Factor in stiffer rear subframe bushings and the 2011 WRX is a

sharper road tool. The chassis responds quickly to inputs from the nicely weighted steering, there is less body roll than before yet the ride remains compliant. The symmetrical all-wheel-drive is set to a 50:50 front to rear split — Subaru saves the fancy adjustable bias for the STi.

The WRX comes only as a five-speed manual. Purists rejoice. It's a good one too, featuring positive shifts and progressive clutch take up. Yes, a six-speed would be nice (again, saved for the STi) but this flat-four has a pretty broad torque spectrum (244 lb.-ft. at 4000 r.p.m.) so you're rarely caught flat footed. Fans of Subaru's off-beat exhaust growl will be happy as this audio signature is front and centre when the Nike hits the firewall. And with a zero-100 km/h time of 5.4 seconds, this puppy flies.

onds, this puppy flies.

The 2011 WRX gets revised interior trim, standard Bluetooth with steering wheel controls, USB media interface, freshened gauge cluster, new 17-

inch wheels, one touch up/down driver's window and quad tailpipes. My tester featured the \$3000 Limited Package that adds leather, fog lights, power sunroof and Sirius satellite radio with a 3-month subscription. In this time of the homogenized family sedan, the 2011 Subaru WRX makes for an intriguing option. Well priced, comfortable, quite roomy and hugely entertaining, this all-wheel-drive sedan comes fully equipped with buckets of character.



# Fast cars get their green on

• It's not just the mainstream car manufacturers that are becoming more eco-conscious, sports car makers are showing that they are taking responsibility for their carbon footprint too.

Of all the drivers in the world, the ones that can afford to drive supercars are the ones least likely to be worrying about the price of petrol. However, that doesn't mean that they, or the companies that produce their cars don't have a conscience when it comes to the environment.

It wasn't just the VWs and the Fords of the world that have shown concern for their emissions at the Paris motor show, sports and supercar makers showed that they were looking to reduce their cars' impact on the environment too.

Jaguar showed the CX75, an electric car concept, which has a top speed of 330kph and a 0-100kph of 3.4 seconds. Powered by a hybrid powertrain and an electric engine for each wheel, the car has an electric range of 110km, which can be extended to a remarkable



900km, thanks to its gas turbine system that can be fuelled by gas, diesel or biofuels.

Lamborghini, not an obvious choice for someone looking for a low-impact presence on the road, presented its lightest and therefore most eco-friendly car yet, the Sesto Elemento concept. The futuristic model is largely built with ultra-lightweight carbon fibre reinforced plastic, a patented technology that Lamborghini will use on future models. The body is carbon fibre and most other parts are aluminium, so the car weighs just 999kg. With its 570bhp V10 engine it's designed to hit 100kph in just 2.5 seconds.

French carmaker has already shown off the skills of its EV sports car proto-type, the Citroen Survolt, at Le Mans. Powered by two electric motors that deliver 300bhp and a range of 200km, it has a

top speed of 260kph and gets to 100kph in less than five seconds.

Meanwhile, the new Audi Quattro concept was eclipsed by a smart new eco concept, the Audi e-tron Spyder. Powered by an diesel-electric hybrid drivetrain, the car Audi's latest 3.0-litre V6 TDI

diesel is boosted by an electric motor, one on each front wheel. The car has an electric range of 50km, emits just 59g/km and delivers up to 2.21/100km, but can reach 100kph in just 4.4 seconds, with a limited top speed of 250kph.

Meanwhile electric sports car company, Tesla, might have had a low profile at the show, but it doesn't need to shout to make itself heard. Their stealthily silent, super fast sports cars have been a hit, and their technology has been so successful that they've signed a deal with Toyota to develop EVs.

So, it's good news for environment, even though, arguably, these cars are the most ecofriendly on the road anyway - most owners keep them in their garage and rarely travel very far in them.





# HYBRIDS: LOOKING FOR A



ybrids have arrived, yes? Well, me and "no." Hybrid technology has certainly arrived.

They have proven to be more reliable and durable than originally perceived.

And the technology keeps getting better. Consider the just-introduced 2011 Hyundai Sonata Hybrid, which flaunts the world's first automotive application of a lithium polymer battery pack (developed with its battery partner, and fellow Korean company, LG Chem).

Their advantages over the nickel metal hydride battery packs in other midsize hybrids are many: more efficient; more compact; lighter; better cooling properties (requiring only air cooling system, instead of heavier liquid cooling).

Unlike nickel metal hydride cells, or even lithium ion cells used in

cylindrical in shape, lithium polymer cells have a flat rectangle shape like a thin stack of paper. Seventy two of these rectangle cells are wired in series to produce a 1.4 kilowatt-hour battery back weighing less than 100 pounds.

And I'm sure you've seen the advertising campaign for the Sonata Hybrid, which is on current and heavy rotation on television.

It makes much of the fact that the commercial was made with a "zero carbon footprint.

The Sonata Hybrid doesn't arrive in Canada until January — still a few months away.

How many of these technology and fuel-efficient wonders does Hyundai expect to sell each in 2011, and every year after that? About 300 to 500.

That seems like a small number, eh? But it corresponds to how hybrids variants currently



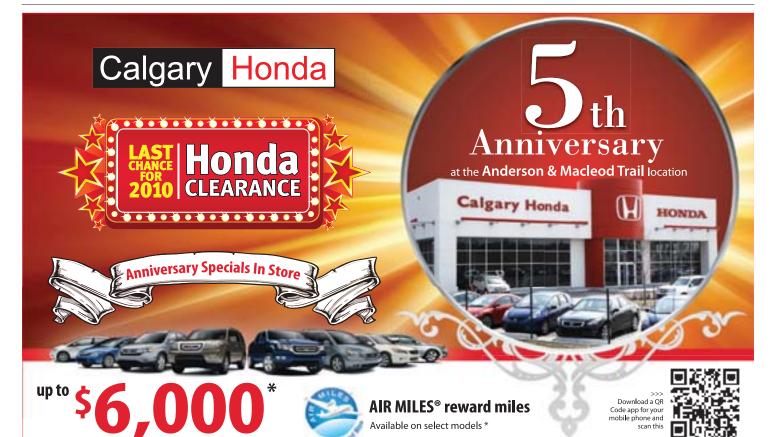
fare in the overall midsize segment.

Currently Camry Fusion, Malibu, and Altima, are all available with hybrid versions, where they comprise only three per cent of overall midsize

sales. (Four-cylinder midsizers dominate with a 71 per cent share, while six-cylinder midsizers account for the remaining 26 per cent).

The line on why they remain a niche product is that fuel prices are too low

- that the rationale for purchase is based solely on calculations on how a hybrid's higher initial costs will be offset by its lower fuel costs over the ownership period. What this says to me is



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# FEW MORE GOOD BUYERS

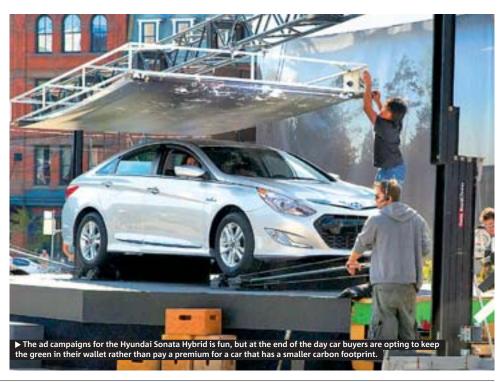


that buyers will always pay a premium for style, power, luxury, brand, etc., but not, apparently, for the ability make a smaller carbon footprint. At least not

Also at work, I think, are

fears about any vehicle with an expensive-toreplace battery.

Whatever the case, hybrids are still lurking in that middle ground, between "glad to meet you" and "let's do lunch."





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# 4MATIC is keeping things simple

♠ Mercedes-Benz's all-wheel system uses the brains of the car ♠ Response speed increased



### DRIVING FORCE

JIL McINTOSH

DRIVE@METRONEWS.CA

Systems that send power to all four wheels certainly aren't new, but in recent years they've made considerable progress in technology. Such is the case with the latest version of Mercedes-Benz's 4MATIC all-wheel system, first seen in 2007 on the S-Class, and now available on the C-, E- and CL-Class.

"What makes this generation special, versus what else is out there, is the simplicity of the system," says Christopher Goczan, product planning manager for Mercedes-Benz Canada. "It does away with the traditional differential locks, and uses the brains of the car to move torque around."

move torque around."
The 4MATIC system works with the car's traction and electronic stability control systems, monitoring the wheels to determine which ones are getting the most traction. The system sends 55 per cent of torque to the rear axle in normal

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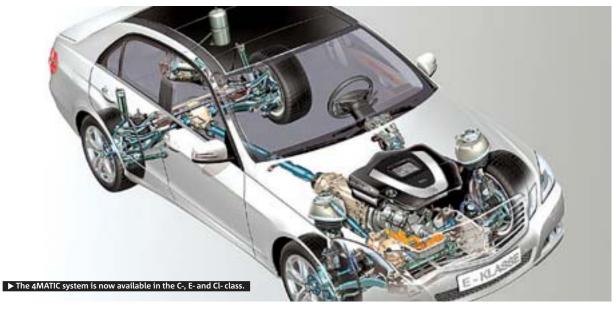


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driving conditions, but if necessary, it can deliver full power to just one wheel in order to help the driver maintain control.

"You're talking about a system that measures in milliseconds," Goczan says. "In that millisecond that it detects you're getting traction again, it will let off. It would never let you lose control of the vehicle."

Detecting within milliseconds makes the 4MAT-IC system faster than a mechanical system, which can have a slight lag between the time it perceives slippage and then reacts to it. It also helps make the Mercedes-Benz system smaller and lighter: it weighs only 70 kg, com-pared to 120 kg for the older Mercedes system it replaces. Since more weight means more fuel, all-wheel systems tend to get poorer mileage, but the lighter system creates less of a fuel consumption penalty - only about 0.7 L/100 km compared with an equivalent rear-wheeldrive system, Goczan says. Its smaller size also

Its smaller size also means more interior space: unlike many all-wheel systems, which protrude into the floor pan with a resulting loss of foot room for the front-seat passenger, cars equipped with the new 4MATIC system look no different inside than their rearwheel siblings.

Goczan says that with many all-wheel systems, the driver can sometimes feel the system binding. "In tight areas, you can really feel that the driveline is doing something different, and it's not feeling natural," he says. "Our approach is that it has to be seamless, and that's the heart of the system. The traction and stability control are monitoring constantly so they can vary the mechanical impulses, and they control them so well that essentially, the driver never knows what's really happening. You don't know how much 4MATIC is doing in rain or snow. It's simplicity in the driving experience.

# Learning to drive green

### Calm drivers found to use less fuel than aggressive ones ◆ Accelerating gently, maintain a steady speed

How many of us have ripped through a red light, soared past the slow poke in front of us or hummed along the highway not really concentrating on the conditions around us?

All of us have driven this way at one time or another. These three driving styles — known as aggressive, rushed or average — can be dangerous, expensive and harmful to the environment.

Did you know, though,

that there are driving behaviours that could keep you safe, save you money and help the environment?

Natural Resources Canada defines this type of driver as one who is focused on fuel efficiency at all times. Thinking about road safety and saving fuel and money, fuel-efficient drivers are known to accelerate gently, maintain a steady speed, anticipate upcoming traffic, coast to a stop with their foot off the gas

(like driving for free) and avoid high speeds.

A study in Europe revealed that calm drivers use significantly less fuel than aggressive drivers who, the study found, consume 39 per cent more fuel in city traffic than calm drivers and only achieve a four per cent savings in time. Also, students who took fuel-efficient driving lessons were shown to save about 25 per cent in fuel.



You could save up to \$500 a year in fuel and cut your harmful greenhouse gas emissions by over 1,000 kilograms a year just by changing your driving behaviour. Not convinced? Check out the NRCan website for more information at vehicles.nrcan.gc.ca.

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# Suzuki's fun family ride

XL7 offered real off-road capability, size and value
 Should hold up as a solid vehicle for years to come

### SECOND GEAR

DRIVE@METRONEWS.CA

Suzuki is a small brand that's huge on fun, recreation and creating some of the most popular machines in the enthusiast off-road community. With a product portfolio including cars, 4x4's and an arsenal of recreational vehicles, the Japanese brand has earned a loyal following of repeat shoppers.

The Suzuki XL7 was a family-ready 4x4 model that offered reasonable pricing and a rarity in the family SUV marketplace: real-world off-road prowess. Packed with a transfer-case 4x4 system, low-range gearing and a tough body-on-frame con-

### The specs

- MODEL 2001 to 2006 Suzuki XL7
- ➤ VEHICLE TYPE 4x4 SUV APPROXIMATE USED PRICE RANGE \$4,000 to

struction, it was ideal for shoppers after top levels of confidence on the road less travelled. Many of XL7's owners say it impressed as an all-around performer that's happy to tow a boat or tackle a trail.

Under the hood, look for a 2.7-liter V6 engine with 170 to 185 horsepower, depending on the year in question. Earlier models in the 2001 to 2006 generation got a five-speed manual transmission as

al transmission as standard, while a four or five-speed automatic was otherwise available or standard depending on the year.

### What owners like

Overall value, pricing, the manual-shift transfer case, the availability of a manual transmission and seven-passenger seating were some of the most common praise-points from existing XL7owners. Ride quality, interior comfort, visibility and all-surface traction were highly rated by owners, too.

### What owners hate

Common gripes are relatively scarce, and centre around awkward placement of some interior controls and the lack of a rear window release to open it separately of the tailgate. Finally, as with virtually any SUV, most drivers wish for better mileage.

### Common issues

Have the underside inspected for signs of excessive rust, scraping, dents or other damaged caused by



careless off-roading. A thorough underbody inspection by a mechanic can also quickly reveal issues with chassis or suspension components, as well as fluid leaks that could indicate larger problems. Ensure the four-wheel drive transfer case system can engage and disengage all 4x4 modes as expected, too.

Use a flashlight to inspect for signs of oil leaking down the front or side of the engine. This may indicate a variety of gasketrelated problems that

could be pricey to fix.
Listen to the engine idle, and remember that any excessive grinding or clicking sounds could be caused by a bad timing chain tensioner, which is another pricey repair. The latter two issues seem to affect earlier XL7 models only, but are still worth checking into

Other checks should include the air conditioner, all cabin electronics, all windows and door latches, and the vehicle's tires and brokes

### The verdict

End of the day, an affordable used XL7 that passes all pre-purchase inspections should deliver high-capability, high-value and worry-free travels for years to come.

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### Crossword

- 1 Mid-June honoree 4 Mid-May honoree 7 Took the trolley
- 8 Was concerned
- 10 Hawkeye
- 11 Sports venues
- 13 1- and 4-Across. usuallv

13

- 16 Snoop
- 17 All but one in a
- million? 18 Favorite
- 19 Take out of con-
- text? 20 Entreaty
- 21 Prudent
- 23 Armada
- 25 PBS science show 26 Tea time, perhaps
- 27 Lawyers' org.
- 28 Throw
- 30 Winter ailment
- 33 13-Across, initially
- 36 Graduates 37 Man of morals?
- 38 Hits hard
- 39 Heart of the mat-
- 40 Before 41 Away from WSW

### Down

- 1 Bride's bounty
- 2 Hebrew month 3 Inhabitant
- 4 Polo
- 5 Sandwich treats
- 6 Carte
- 7 Bellow
- 8 Band of fighters 9 Spotted horse
- 10 Mischief-maker
- 12 Winter forecast

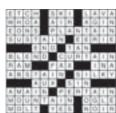
### 15 Greek vowel 19 Modern-day evidence

- 20 Apiece
- 21 Deadly snake 22 Makes use (of)
- 23 Lovina 24 Suitcases
- 25 Apprehend
- 26 The end
- 28 Lea bone
- 29 "Blue Sky" Oscar

### 14 Slithery winner Jessica 30 "Cabaret" director

- Bob
  - 31 Swag 32 Ref
  - 34 "Psych" actor Hill

### 35 Check



### Sudoku

7								1
5			2		6			9
		1	7	3	8	2		
	7		8		3		1	
	4						9	
	3		1		5		7	
		9	4	2	1	8		
8			5		9			4
6								5

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

look at the weather

THURSDAY

Min 0° Max 17°

3	7	4	8	2	9	6	5	1
2	9	5	7	1	6	8	4	3
8	1	6	3	5	4	7	9	2
7	2	3	9	4	1	5	8	6
5	8	9	6	3	7	2	1	4
4	6	1	2	8	5	9	3	7
9	4	8	1	7	2	3	6	5
6	5	7	4	9	3	1	2	8
1	3	2	5	6	8	4	7	9

FRIDAY

Min 0°

Max 12°

# Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

My dearest Kranberry, you are my life and I don't know how I could ever live without you. We share so many interests, from dodge ball, snowboarding and martial arts to our love of great literature. I couldn't ask for a better mate! Enjoy your morning Sudoku puzzle my love, I hope you see this! Yours always, K

Happy Anniver. booboo! We have been through so much in the last 2 vrs. U r mv love, my world, my air, my soul n my heart n every sec that we r apart I am not complete. Ur the one I promise u n I hope to spend mv whole life with u celebrating the 13 always. LOVE YOU DOSHI

To my Jbear. Hope you'll be able to see this. Never stop smiling and I hope to have many great memeries with you :) Your the best.

BT

### Today's horoscope

T Aries March 21-April 20 Do whatever it takes to stay positive, even though your sixth sense is telling you something is not right. Your instincts are not infallible and this time they are way off course.

¥ Taurus April 21-May 21 A relationship that no longer brings you anything in the way of emotional or physical satisfaction is taking up far too much of your time and energy. So end it. Sometimes you have to be ruthless.

### II Gemini May 22-June 21

Some people can be extraordinarily annoying, especially when they change their minds. When traveling or socializing make your own plans and not rely on friends or family

Gancer June 22-July 22 You may want to give up on some-thing that is more difficult than you anticipated but if you do you will hate yourself. What's a bit of pain when the rewards are so great?

one trying to avoid you? get paranoid about it because the issue isn't about you. They just need some time to themselves so they can get their head around recent changes.

MP Virgo Aug. 24- Sept. 22 At some stage today you will begin to wonder if you have bitten off more than you can chew. It's quite possible you have but it's also too late to do

 Leo July 23-Aug.23 Is some-Maybe, but there is no need to

anything about it.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

**Libra** Sept. 23-0ct. 23 Don't worry if a long-term project seems to have stalled. The fact that it is long-term means you'll have plenty of time to come back to it later. Give vourself a short-term break.

M Scorpio Oct. 24-Nov. 22

Mercury, planet of the mind, moves into your sign today, giving you a 'clearer vision of the kind of person you want to be and the kind of goals you want to be aiming for.

Nov. 23-Dec. 21 Someone you love is oddly unresponsive at the moment – whatever you say or do to spark their interest just doesn't seem to be working. Stop trying so hard and take

### り Capricorn Dec. 22-Jan. 20

TODAY

Min -1° Max 14°

In recent weeks you succeeded by being assertive, even aggressive, but now you must be more co-operative. Get together with like-minded people and create something extraordinary.

Aquarius Jan. 21-Feb. 18 No matter how much you may have done for someone in the past you cannot go on doing the same things forever. Make sure they know your assistance has a time limit on it.

H Pisces Feb. 19-March 20 Mercury moves into one of the more insightful areas of your chart today and you will begin to notice connections that were not so obvious before. ■ SALLY BROMPTON



Andrew Schultz.

"I get to spread the word

on how your day, evening or weekend will shape up with

our ever-changing weather here in Alberta". WEEKDAYS 6AM

Meteorologist

You WIN! write it! Write a funny cap

CHRIS STEPHENS

tion for the image to the right and send it to play@metronews.ca the winning caption will be published in tomorrow's Metro



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